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Glenn Trewin

**Executive Manager, Finance
& Commercial Operations**

Position Vacant

**Executive Manager, People &
Culture**

FROM THE CEO ...

With the Football Grand Finals done and the sunshine beginning to grace us each day; it is time for another edition of 'In focus'.

It has been an exceptionally busy time these last few months. Many of our readers will have been involved in planning with the National Disability Insurance Agency (NDIA). Some of these plans are beginning to trickle back but we are still a long way from fully transitioning across to the NDIS.

We continue to be in the difficult position of having to manage both the old and the new systems, this has been particularly hard on our finance department; making sure that they are claiming from the correct source. We are hopeful that by Christmas we should have almost completed the transition.

I wish to thank everyone for their support and cooperation throughout this major change. To our families, thank you for your input and to our staff, particularly our Support Planners, you have all done an outstanding job.

It is only by good preplanning between our families and our staff that people will begin to receive suitable plans to support them to live a good life. While the NDIS is a scheme where people will have the funding to purchase the support they require, it is also a scheme where if you don't provide the evidence that the person needs the support, no one will offer it. Our staff have put in an enormous effort to gather the evidence that is required to ensure good plans are developed.

I would also like to thank those family members who participated in our latest family survey. Your feedback gives us valuable insight into what we are doing well and what we still have to improve on. We will not have the results for a few more weeks but we will let you know what was said and what we are going to do as a result of your feedback as soon as we have the report.

In closing, I advise all Members of the organisation that the AGM this year will be held on **Thursday 6th December 2018 at 3.30pm**. It will once again be held at the Amora Riverwalk Hotel, 649 Bridge Rd, Richmond 3121. I look forward to catching up with all our Members on the day.

Gail Foster

Chief Executive Officer

AROUND THE HOUSES



ACCESSIBILITY WEEKEND 2018 – ARTHURS SEAT EAGLE

Now in its 14th year, Accessibility Weekend sees attractions open their doors for free, to people with a disability and their support workers. As part of this initiative, the Arthurs Seat Eagle advertised that they were participating on the weekend the 8th-9th September, So with the Spring sun shining, quite a few **focus** residents took the opportunity to take the ride on the new gondolas at Arthurs Seat and then enjoy a the view from the café afterwards. Accessibility Weekend is a celebration of the importance of the community access and inclusion. Here are some pics of everyone enjoying their day out! makeover with staff; she loved using her new makeup and jewellery that she purchased.



RIDING HIGH ON THE EAGLE

Janene, Dale, Camille and Bernie headed to the Eagle at Arthur's Seat for National Accessibility Week. With everyone on the gondola, we started our journey down the hill. There were lots of smiles and laughing as we went. Along the way, we watched a wedge-tailed eagle fly right in front of the gondola!

The weather was perfect for a picnic afterwards and then a walk over to Seawinds. It was a lovely way to spend a sunny Saturday.



AROUND THE HOUSES

ASH HOUSE

DRESSED TO IMPRESS!

Sylvia was having a wonderful day having a makeover with staff; she loved using her new makeup and jewellery that she purchased.



REX AND FIONA HELPING OUT IN THE KITCHEN.

Rex and Fiona recently helped staff with their preparation for dinner. Many hands can make light work.



BALCOMBE

CATHERINE'S WEEKEND ACTIVITIES

Catherine enjoys a trip to Karingal Shopping Centre on the weekend. She visited a cafe for morning tea before shopping for clothes at Katies.



BRUCE ON HOLIDAYS IN BROOME

Bruce recently spent some time away with his Mum and Dad in Broome. No trip to Broome is complete without a ride on the beach at sunset on a camel. This photo was taken on Cable Beach, Broome, W.A.



AROUND THE HOUSES



BALCOMBE

A DAY OUT WITH A VIEW!

Whilst the sun was shining, Balcombe House enjoyed a day out visiting some local attractions. The highlight of the day was a ride on the Arthur's Seat Eagle. After our ride on the gondola, enjoying the views, we met up with our friends from Ash House and enjoyed lunch up at the cafe at the Arthur's Seat peak.



VISITING THE MORDIALLOC HOTEL

Doyles Hotel in Mordialloc is right on the water and an ideal spot to enjoy some morning tea together, which is exactly what Bruce and Marcus did.



AROUND THE HOUSES

BALCOMBE

CHRISTMAS IN JULY

Before heading off to celebrate Christmas in July, Marian was working on her crocheting skills.



WARM DRINK WITH A VIEW

The Mornington Pier is a lovely place to take a stroll and view the many boats surrounding it, and that's just what Marian & Julia did. After a wander around the pier itself they took to The Rocks Cafe for a nice hot drink in the sunshine.



FOOTY FUN AT HOME

As a keen Geelong supporter, Marcus was keen to catch the Geelong V Hawthorn game at home on a Saturday afternoon. We may have celebrated a little early as Geelong went down to by a few points to Hawthorn in the end. His Hawthorn supporting housemate Chris was very happy on his return home.

So if you can't enjoy your AFL team win the game - then it calls for a game of indoor table tennis.



AROUND THE HOUSES



BALCOMBE

STROLLING THE PENINSULA LINK TRAIL

On a beautiful Saturday afternoon the Balcombe men chose to make the most of the sunshine and enjoy some of the 25 km trail that hugs that Peninsula Link Freeway. The nature walk from Mt Eliza Regional Park to Moorooduc Station. They viewed the coal bin and the locomotives at the station before completing a 7km walk to Baxter, admiring the horses along the way and chatting to other walkers and cyclists.



AROUND THE HOUSES

BALCOMBE

HOUSEHOLD CHORES NOT NEED BE A BORE!

Marcus is more house proud and happy to turn up the music and make light work of household chores!



CEDAR

BASTILLE DAY CELEBRATIONS

Janene joined in the celebrations of Bastille Day, which was held at the Briars in Mount Martha. There was lots to see and do with the firing of muskets and cannons, with skills at arms demonstrations by the 21 eme Regiment de Ligne (Australia). A great event to visit.



AROUND THE HOUSES



BANKSIA

TAKING IT ALL IN

Ron recently re located to Banksia House and has settled in very well. Ron enjoys feeding the birds and keeping an eye out for the flock of sheep who wander around the property, with twin lambs following m u m around.

On a cold and wet day what else is there to do but bake yourself and your new housemates a carrot cake! And that's just what Ron did!



TABLE TENNIS SHOWDOWN

Banksia housemates Aaron and Brendan capped off their week with a Friday night session of table tennis (literally). On debut, Brendan did surprisingly well to hold up against Aaron's impressive co-ordination and speed - which he normally uses to defeat staff members!



BERRY & CEDAR

A SPOT OF LUNCH

Stefan and Mikael caught up for lunch together recently at the Mornington Hotel. They both enjoyed the day and are making plans to do it again.



AROUND THE HOUSES

BERRY HOUSE

BRUCE'S TRAIN RIDE

Bruce loves going on the train and is a regular visitor to the Moorooduc train station. He loves sitting next to the window and watching the train speed along and the world pass by.



DISCO NIGHTS

The All Abilities Disco is always a lot of fun and this night was no exception as Stefan partied the night away. The music was great and he thoroughly enjoyed his dancing.



RYMER

A VISIT TO POINT NEPEAN PARK

The Quarantine Station at Point Nepean was established in 1852 and from 1952 the buildings also housed the Army Officer Cadet School. Michael and Geoff enjoyed at day out checking out the old quarantine station and hospitals.



AROUND THE HOUSES



BERRY HOUSE

DEB TURNS 60!

Deb had a wonderful party at Negri Hall to celebrate the great milestone of turning 60. Many friends and family attended and there was a beautiful cake and a special appearance from Benny the dog!



90TH BIRTHDAY CELEBRATIONS

Cade recently went to a celebration for his Nana's 90th Birthday at the Baxter Tavern. At the party Cade told his Nana that he would come and visit her at home. So Cade organised with the staff to make the trip to Moe to visit his Nana in July. Cade's Nana was very excited about him visiting her. It was first time Cade has made the trip to Moe.



AROUND THE HOUSES

BONDI

LINDSEY MOVES TO BONDI

Lindsey moved into Bondi in June. She is an amazing addition to the house. She loves to sit around with other clients at Bondi. Lindsey loves music and the social side of being with all the clients in the kitchen/dining room, the regular afternoon banter. Lindsey loves communicating with both the clients and staff. Lindsey has settled in very well. She is a very strong, determined lady. She makes lovely Mrs duck noises and sings. She loves a joke and has a great sense of humour. Lindsey welcome to Bondi and welcome to focus.



FOUNTAIN GATE ADVENTURE

Renee spent a great day at Fountain Gate Shopping Centre with a spot of shopping and then off to watch Show Dogs at the movies.



VISITS WITH FRIENDS IN FERNTREE GULLY

Renee and her best friend of many years, Bree keep in constant touch through cards and letters that they send to each other. But nothing really compares to catching up face to face. Renee really enjoyed lunch and a catch up with Bree and her husband, laughing and reminiscing about past adventures, so leaving is always hard!



AROUND THE HOUSES



OPPY

TIFFANY'S 21ST BIRTHDAY CELEBRATIONS

It was her first birthday celebration with **focus** and also her 21st birthday, Tiffany took the time to ensure that her birthday celebrations involved her favourite food and colour theme. Tiffany helped design her birthday invitations with her favourite colour pink the main focus of the day. The room was decorated with pink balloons and amazing pink cake.



BUNGOWER

BIRTHDAY INVITATION

Kylie enjoyed her time at Tiffany's 21st, up on the dance floor having fun and loving the music.



AROUND THE HOUSES

BUNGOWER

CAFÉ VISITS IN WINTER

What better way to spend the winter months than visiting a cafe for a warm cup of coffee and a slice of cheese cake, and that's just what Julia did in Mt Martha.



FAMILY BIRTHDAY CELEBRATIONS

Julia recently enjoyed an outing with her much loved family to celebrate her Aunty Rose's birthday. The smile says it all.



CAT LOVERS EXHIBITION

The very first Cat Lovers Show was held at the Royal Exhibition Building in Melbourne and was a complete sell out! The show had so much on offer and was aimed at raising awareness around Cat Rescue and to increase adoptions. Melinda was lucky enough to get along and see what all the fuss was about! Here's Melinda outside the show bidding farewell to all of the cats she got to visit inside.



FRIENDS FOR DINNER

Phil enjoys having friends over for dinner and tonight was no exception. After dinner Phil and his mates retire to the lounge room for a catch up!



AROUND THE HOUSES



BUNGOWER

DIXIE RETIRES!!

Retiring from CSA to spend her days relaxing, Dixie received a bouquet of flowers and a gift from CSA along with a lovely card saying how much she would be missed. Dixie enjoyed the card more than anything else.



AT DAY AT THE MCG SWANS VS. DEMONS

A day at the footy is so much more enjoyable when your side takes home the 4 points, and that was just what happened when Ryan enjoyed a day out at the Sydney V Melbourne game at the MCG! Ryan scored himself all the necessary supporter tools - scarf, cap and jumper signed by youngster Will Hayward. A game that came down to the wire but left Ryan with a grin from ear to ear. Quote from Ryan "I had a great time at the Footy. I went to see the Sydney Swans beating Melbourne! I also scored a signed footy jumper, thank you Sydney Swans! It was a great day out, hopefully I can go and see more games next season."



CENTURY DRIVE



AROUND THE HOUSES

BUNGOWER

SOUS CHEF

Kylie really enjoys helping out with dinner and she definitely makes a good sous chef!



OAK

ENJOYING THE BEACH

Peter enjoys a strolling along the picturesque Rosebud beach. He enjoys looking at seaweed, jelly fish and other sea creatures that have washed up on the shoreline. Peter enjoyed the walk, then a relaxed in the sand before heading home.



HARTIGAN

SHREK THE MUSICAL

At the end of December the Frankston Arts Centre are hosting Shrek the Musical, performed by the PLOS Musical Productions - a local performing arts group. There are only 8 performances so Robert made sure he didn't miss out and has got himself a ticket! Should be a great show!



AROUND THE HOUSES



OAK FLAT

HOME MADE CINEMA

Here's Ty enjoying a movie in his one-man cinema.



OLSEN

B A S K E T B A L L PRESENTATION

Sue plays all abilities basketball every Thursday and loves her game. At the end of each term Sue is happy to receive her participation medal for being and doing best. Well done Sue!



OLSEN

LEMON TEA CAKE YUM!

Holly enjoys having a cook up on a Sunday, and she made lemon tea cake. Nothing like a little lemon zest to finish off a lemon tea cake.



AROUND THE HOUSES

OLSEN

OUT AND ABOUT

Nicole enjoys getting out about at out in the local community, she loves browsing the local shops and takes her time walking around and seeing her friends and meeting new people. It makes for a good way to avoid the horrid winter days.



WEEKEND AWAY

Marie enjoys weekends away staying with her mum who has moved to country Victoria. Marie catches the train independently from Frankston to Southern Cross in the city then transfers to the country train for the trip home.



BREAKFAST WITH A SMILE

Each Sunday we look forward to a breakfast cook up from Sue, and this specific Sunday was no different. Eggs on toast every Sunday and served with smile.



AROUND THE HOUSES



RYMER

BASTILLE CELEBRATIONS AT THE BRIARS

The Briars in Mt Martha held Bastille Day Celebrations in July and Jon went along to see what was on offer. Jon loved spending the afternoon getting to know the soldiers.



MCCLELLAND SCULPTURE PARK

The weather was cold and windy, but that didn't stop Michael and Geoff from exercising on the fresh winter morning and checking out some awesome sculptures at McClelland Sculpture Park in Langwarrin.



REX'S VISIT TO RYMER HOUSE

On a Saturday in June, Rex visited his old house mates at Rymer House, and Kath from Seaview were there too. Everyone got to enjoy lunch together and take to some to catch up. Rex enjoyed catching up with everyone.



AROUND THE HOUSES

RYMER

SPRING HAS SPRUNG!

What better way to celebrate the first day of Spring, sitting in the sunshine having a coffee and Cake at the Blairgowrie café. Here's cheers to some warmer weather on the way.



SEAVIEW

"MAMMA MIA"- WHAT A MUSICAL



Mary-Anne went to see Mamma Mia the Musical at the Princess Theatre in the city. The excitement had been building for months; this is after all Mary-Anne's favourite band! Mary-Anne had been out during the week to purchase a new top and to get her nails painted for the occasion, so she was all set to go! As soon as we arrived at the venue we hit the merchandise stand and she got herself a program and some ABBA themed jewellery. Once the show began there was no wiping the smile of Mary-Anne's face!

Towards the end of the show the audience was encouraged to stand up and dance and Mary-Anne did just that, with a touch of singing for good measure. Mary-Anne had an amazing time!



AROUND THE HOUSES



THE RISE

BIRTHDAY CELEBRATIONS

It was Deb's birthday recently and she was up early reminding everyone of the special occasion, and inviting them to her party later in the day. Deb chose her favourite - chocolate birthday cake for the celebrations.



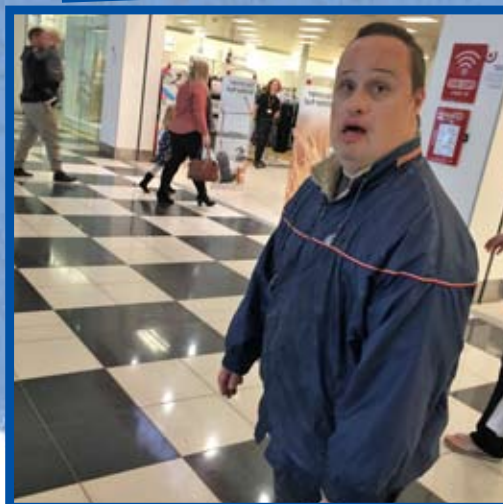
IPAD FUN

Katrina recently purchased an iPad and has been enjoying getting to know how to use it and all of the new activities available at her fingertips.



KATRINA'S COOKING

Katrina has been supported to prepare/cut different type of veggies for dinner. She enjoyed the task.



SPOT OF SHOPPING

Rob enjoyed a morning at the shops and managed to pick himself up a few bargains before heading out for lunch.



AROUND THE HOUSES

THE RISE

KINGS CREEK HOTEL

Katrina recently took a trip to the Kings Creek Hotel in Hastings to have a lunch in there with her housemates. After the lunch Katrina wanted a photo of her standing next to one of the oldest trams in Victoria, 'Hastings Tram' which was part of Hotel's Exterior.



INDIVIDUAL SUPPORT

BAYSIDE

ALL ABILITIES SPORTS DAY

On a rare sunny day in July 2018 people from Day Service in Frankston enjoyed a day at Sandown Cobras in Springvale at the All Abilities Sports Day. Everyone got to try different sports activities on the day such as table tennis, football, soccer and tennis. Gerard and Sue were extremely happy to win the lucky door prizes, a football each although no one went home empty handed, with everyone receiving showbags containing water bottles and other awesome goodies. It was fun active day had by all.



INDIVIDUAL SUPPORT



BAYSIDE

JOURNEY TO THE AQUARIUM

After much group discussion everyone from McAlister agreed on a day out at the Melbourne Aquarium. The group used their travel training skills to catch public transport there and had a great time navigating around all the amazing displays! Sam was especially interested in the gigantic Crocodile swimming through its enclosure. Everyone enjoyed lunch while watching the fish swim in their massive aquarium.



LET'S GET PHYSICAL!

Ritchie and Adam have recently begun hitting the gym at PARC in Frankston. They have been trying different gym equipment and also enjoy a 45 minute Yin Yoga class each week which is a slow-paced style of yoga with postures that are held for longer periods of time (between 2-5 minutes). Adam and Ritchie are really embracing and soaking up the relaxing atmosphere in Yin Yoga.

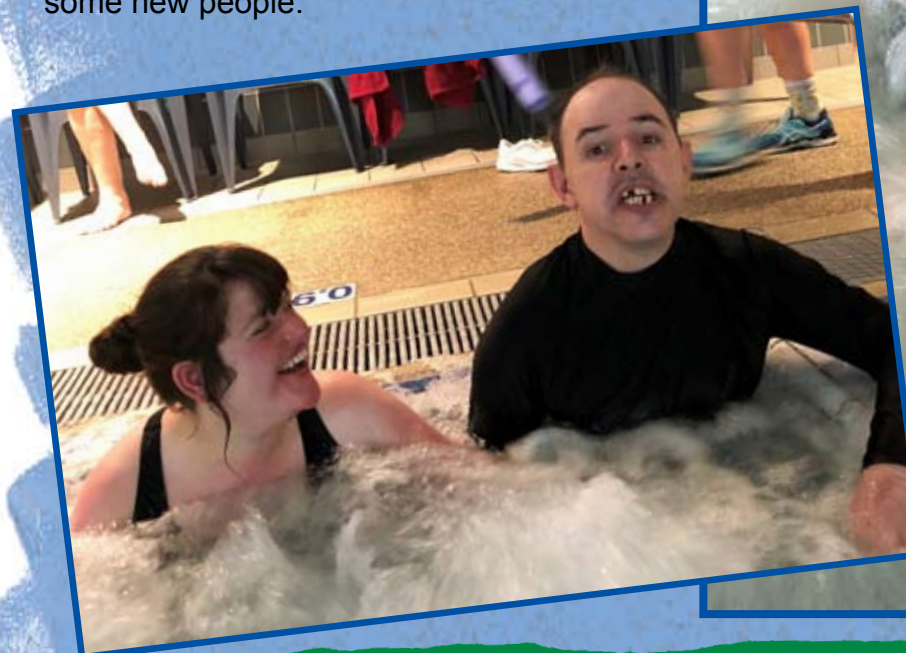


INDIVIDUAL SUPPORT

BAYSIDE

RITCHIE TAKES TO THE WATER

Ritchie hadn't been back for a swim in the pool for some time, so when offered the chance to go swimming at PARC after many years he was excited. Ritchie enjoyed chatting with many old friends while in the spa and also met some new people.



WELCOME DEB AND SARAH

Everyone at Mc Alister Day Service welcomed Deb and Sarah to the team over the past few months. Sarah and Deb are settling in well and loving their new programs, which include Meals on Wheels, African Drumming, Relax and Revive and Creative Art. Both ladies enjoy swimming on Mondays at PARC and have taken to it like ducks in water.



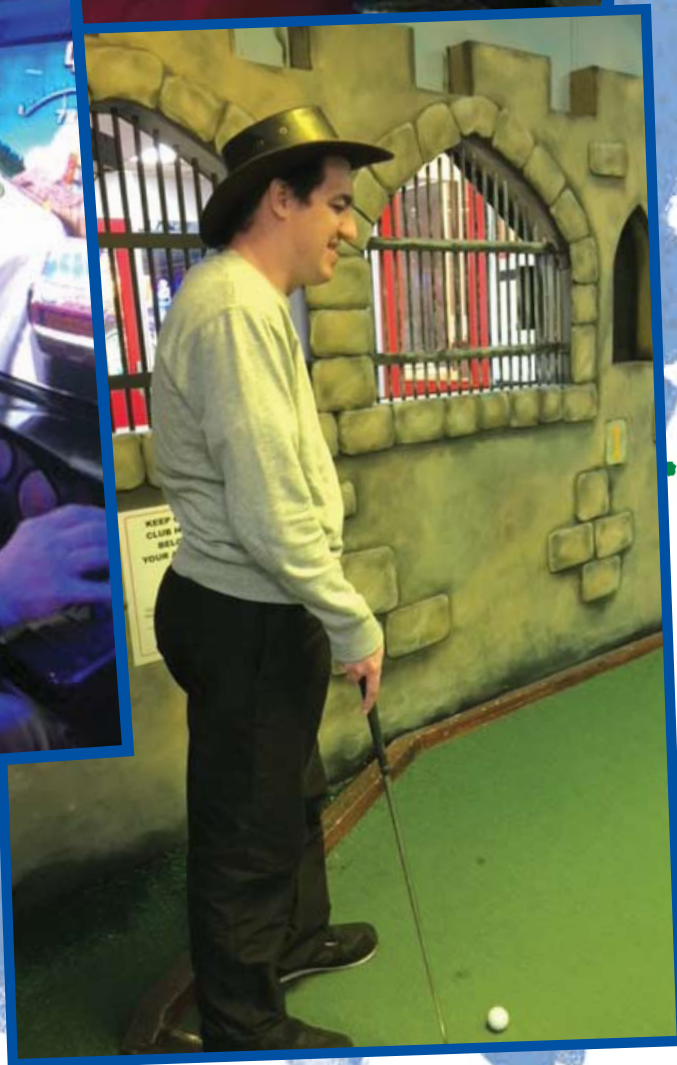
INDIVIDUAL SUPPORT



BAYSIDE

SORRY - WE GOT SIDETRACKED!

A day out at Sidetracked Entertainment Centre in Oakleigh is just what the doctor ordered! We all booked in for the "Fun Pack" which gave us a game of ten pin bowling, mini golf and some tokens for the arcade games. The mini golf course was a lot of fun, and then we all selected different arcade games to play and try out but it was the rally car racing that seemed to be the favourite. We all had a great day out and about.



INDIVIDUAL SUPPORT

DROMANA

TEN PIN BOWLING PRESENTATION

Koochie, Ryan, Dom and Bernie accepted their trophies at the end of league presentation at Zone bowling in Frankston. The group had a great time and were proud of their efforts.



TRAVEL TRAINING TRIP

The community access group at Dromana have worked on travel training for several weeks. The group used roll play to learn how to use a Myki, looked up trip fares and used the journey planned on PTV to plan an outing. It took some time to build confidence as some participants had not used public transport before. The trip was a huge success and everyone enjoyed themselves.



INDIVIDUAL SUPPORT



RED HILL

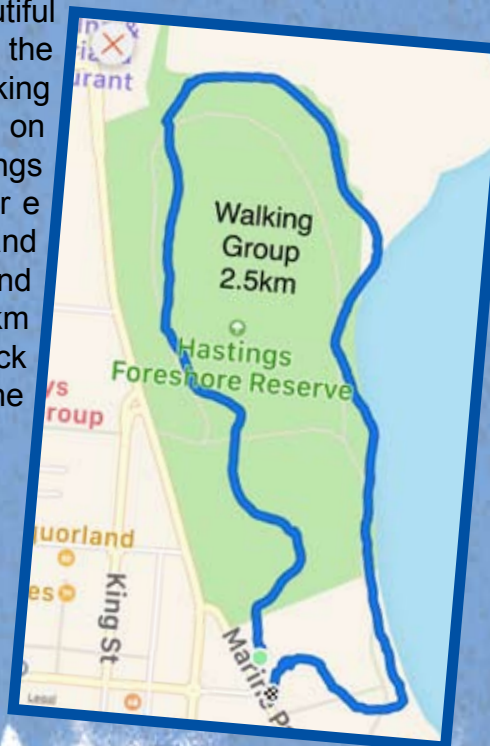
MORNING TEA WITH FAMILY

A recent morning tea at Red Hill was enjoyed by all. Brett, Sarah and Bruce were really excited to catch up with their family. Many others enjoyed catching up with their families also!



WALKING GROUP

On a beautiful sunny day, the Red Hill walking group took on the Hastings foreshore Reserve and travelled around the 2.5km walking track basking in the sunshine.

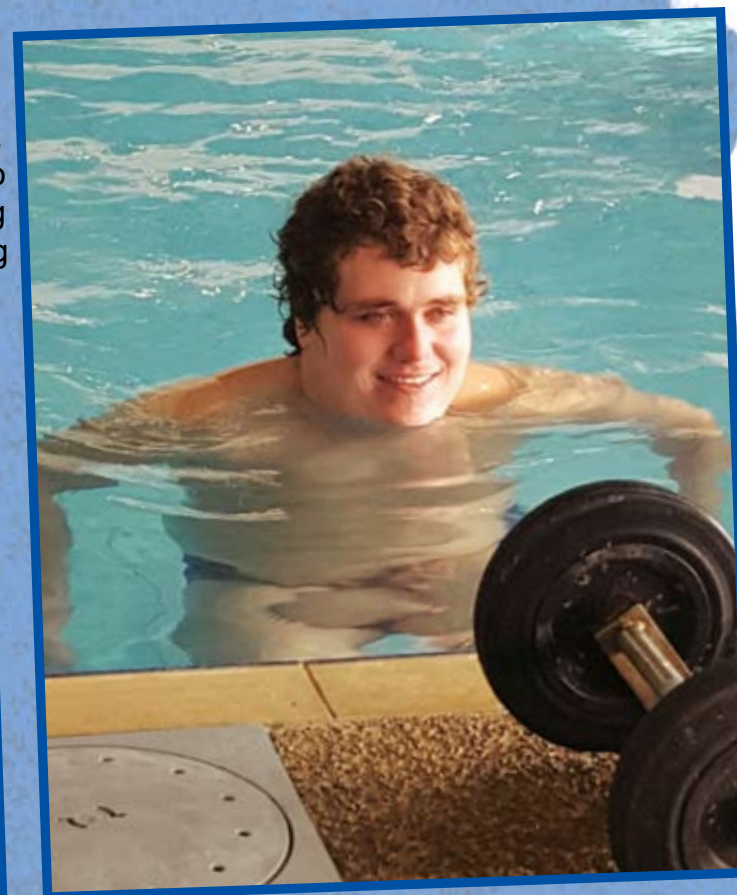


INDIVIDUAL SUPPORT

THE WORKSHED

A SWIM AT YMCA

One of Jayden's favourite things to do is swim. With some organisation and a couple of visits to the YMCA in Somerville, Jayden is now swimming at the Centre twice a week and absolutely loving it!



OUTREACH NEWS

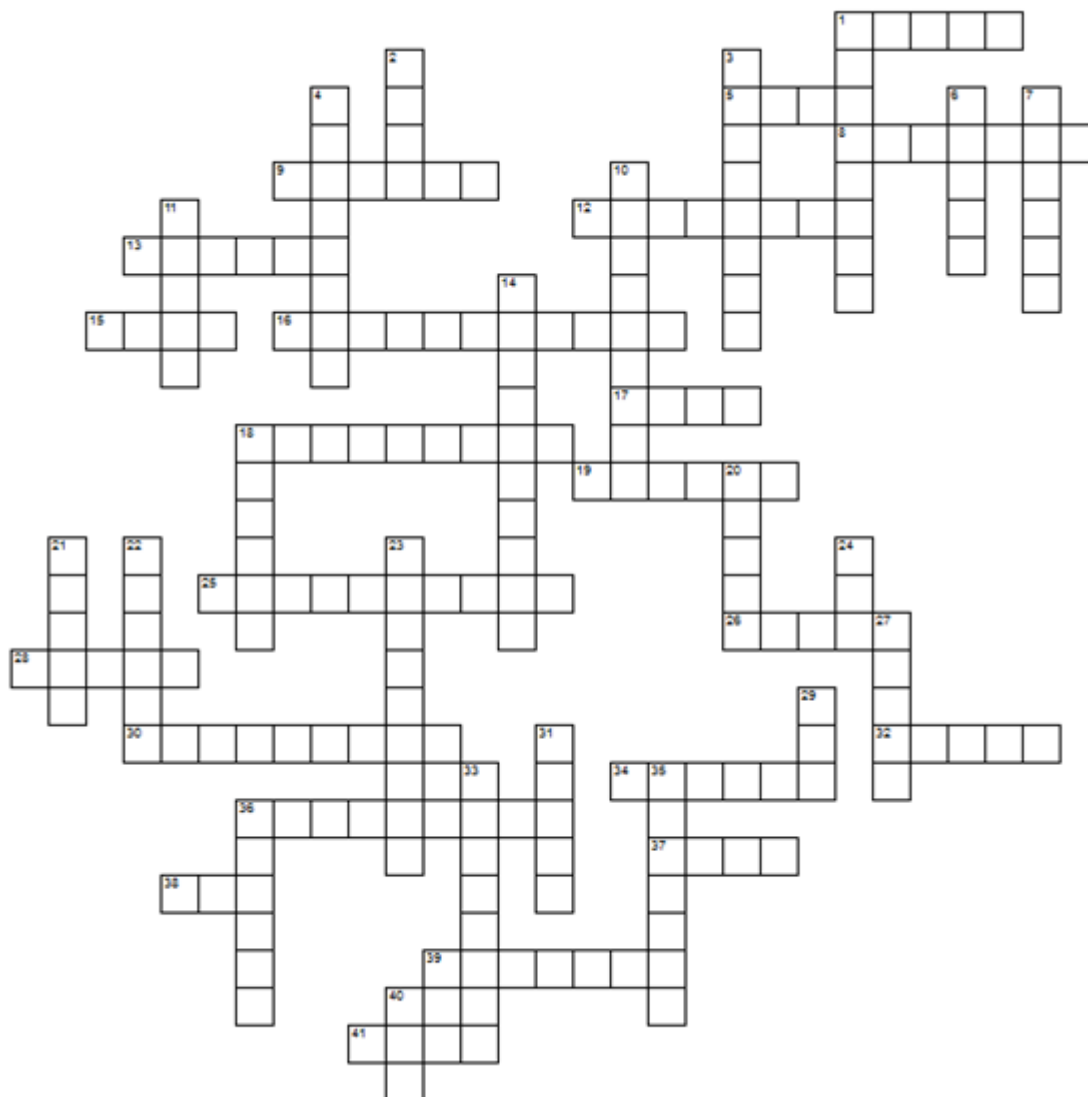
GARY'S BIRTHDAY

Gary celebrated his birthday enjoying pizza and chips with Ron. Following his catch up, it was off to have coffee and cake at home with his parents.



A Spring Special

from Maintenance



ACROSS

- 1 sugarcane belongs to which plant family
- 5 Swedish pop group
- 8 largest ocean in the world
- 9 capital of Canada
- 12 where did the dog sit on the tuckerbox 5 miles from
- 13 talcum
- 15 Peter, Paul and
- 16 central west town in NSW birthplace of Don Bradman
- 17 Sadie the cleaning
- 18 Beatles song, the yellow
- 19 little red riding hood carried one
- 25 Melbourne city has a tram car what
- 26 it which country was glass first thought to be made
- 28 Dave and Grace Sullivan's daughters name
- 30 name of the cat who wants to eat Tweety bird
- 32 the Westgate Bridge opened in which year of the 1970's
- 34 thought to be one of world's longest rivers
- 36 An English name for a type of aboriginal throwing stick that returns
- 37 sugar and spice and all things
- 38 Humpty Dumpty was one
- 39 the world's tallest living animal
- 41 dim

DOWN

- 1 main substance used in a lead pencil
- 2 name of Harold Holts wife
- 3 3rd largest city in Victoria
- 4 where did Napoleon surrender
- 6 puffing
- 7 which charter boat stranded Gilligan
- 10 the world's smallest continent
- 11 Mary Tyler
- 14 in which state did the lamington first appear
- 18 which country held the equestrian events for the 1956 summer Olympics
- 20 the name of the reopened gondola at Arthurs Seat
- 21 eggplant belongs to the plant family of the
- 22 Australian national airline
- 23 flight of the
- 24 snap, crackle and
- 27 how many major track gauges operate on the Australian national rail network
- 29 in which Melbourne newspaper did you use to search for the hook
- 31 Kermit's girlfriend, Miss
- 33 before kilojoules we knew them as
- 35 Australia's longest serving prime minister
- 36 Victoria's highest mountain
- 40 how many strings on a standard acoustic guitar