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FROM THE CEO ...

Welcome once again to the "In focus" newsletter; as always there is a lot to enjoy.

Mr E.A (Tony) Negri

The Kindilan Board of Directors recently honoured Mr Tony Negri as the Founder and Patron of Kindilan Society.

After serving as Chairman for an amazing 45-years, Tony retired from the Board at the 2016 Annual General Meeting.

With some assistance from several other very determined parents, Tony created the organisation and masterminded its development from very humble beginnings to what we have today. Without his untiring work and dedication to the cause through those early years, the idea of Kindilan might never have got off the ground.

It is very fitting that he has been honoured as Founder and Patron of the organisation.

Mr Paul Williams

The Board of Directors also bestowed Paul Williams with a Life Governorship of Kindilan Society. Paul has been involved with the organisation since the very early days, often lobbying government for funding. He served on the Board from 1997 until his retirement earlier this year.

We congratulate both Tony and Paul on all they have achieved and thank them most sincerely for what they have done for Kindilan Society.

VALE – Mrs Joan McLennan, Life Governor – Kindilan Society

Sadly, Mrs Joan McLennan passed away on the 18th August, after a long period of ill health.

Joan was also involved with Kindilan Society from the very early years. Joan quickly realised how important fundraising would be for the success of the organisation; she was instrumental in the establishment and management of the Opportunity Shops to support the work of Kindilan.

She too worked tirelessly, over a long period of time, to make sure the organisation was a success.

May she now Rest in Peace

AROUND THE HOUSES



In closing, we will be running more NDIS information sessions to assist people to successfully transition to the new funding system.

If you haven't been to one of our previous sessions, I encourage you to come along, you will need this information.

If you have been previously, please come again, there will be new information.

Please feel free to invite siblings to attend the sessions with you. All families will need to be involved in the planning process to move across to the NDIS, it is important that you all know what you will be required to do.

We will be having two sessions presenting of the same information to ensure as many people as possible are able to attend.

You only need to attend one session.

Session 1 & 2 Tuesday 26th October 2017

At 1.00pm – 3.00pm & 6.00pm – 8.00pm

Frankston RSL, 183 Cranbourne Rd, Frankston VIC 3199.

Please RSVP at the office 59815100 to ensure we have enough copies of the booklets for everyone.

Gail Foster

Chief Executive Officer

CERTIFICATION AUDIT

Kindilan Society T/As **focus** Individualised Support Services recently underwent another full audit to maintain certification as a Disability Service Provider.

It is with great pride that I can announce that once again we passed the audit without any non-conformity against the Disability Standards.

This is the sixth time the organisation has been audited since the requirement to be audited against the Disability Standards was introduced by the Department of Health & Human Services, and I am pleased to announce that we have never had a non-conformity identified.

These results are a credit to the staff who all work so hard to make sure the standards are maintained, they always do an outstanding job preparing for the audits and speaking to the auditors while they are on the premises.

However, we must acknowledge the work done by Annette in this area; Annette has assiduously led the organisation through every one of those audits. It is a credit to her diligence to the work she does, that the organisation can say that we have never had a non-conformity. That is a record that not many organisations could match.

The feedback from the auditors was that:

- We have very robust systems in place
- The HR files and systems were perfect and ticked every compliance box
- We are well prepared for the NDIS.

This is certainly excellent feedback, given the amount of work undertaken this year to prepare for the NDIS. The results validated all we are doing.

ASH HOUSE

ANDREW AT THE DISCO

Poor lighting, lots of clapping and music to make you smile – Andrew rocked on at a recent Mornington disco.



BRETT TAKING A BREAK

When not out and about being social Brett takes time to recharge and relax. fantastic day”.



SYLVIA'S 62ND BIRTHDAY

“Sylvia enjoyed her 62nd birthday in August. She invited her good friend, Jenny over for a drink and birthday cake and enjoyed opening presents, getting dressed up and being pampered for the special occasion. A week before Sylvia's birthday, her brother and sister in law also came to celebrate. Sylvia had a fantastic day”.



★HAPPY BIRTHDAY★



★HAPPY BIRTHDAY★

AROUND THE HOUSES



BALCOMBE

It's been a busy few months at Balcombe house!!!

Marcus and Bruce have been busy enjoying BAM, Catherine and Julia have had some pampering done. Marian has been working on her living skills while out in the community. We've been out for dinner with friends and Chris even had a special visit to Sandown to watch the horse racing!

We're also working on a special art project at Balcombe and can't wait to show everyone the finished product in the next newsletter....stay tuned!



HELLO FROM THE SUPPORT PLANNERS

focus has put together a team of Support Planners with the aim of offering families support to prepare for the transition into the NDIS.

Emma Zanin – Southern Peninsula
 Fran Cashman – Red Hill
 Shona Atcheson – Mornington
 Sarah Green - Bayside

It has been an exciting 9 months after forming our group of four and moving into our lovely office in Dromana.

We are strengthening our knowledge and skills in regards to the NDIS through publications and attending information sessions within the community

We have developed strong working relationships with the Customer Relationship Leaders and Activities Facilitators within our zones

We are now looking forward to working alongside you – look out for a letter from us shortly.



AROUND THE HOUSES

BUNGOWER

SURPRISE VISIT FROM OPPI HOUSE

Dixie had a surprise visit from the Oppy House ladies as they had found some old photos of Dixie that they thought she might enjoy. Dixie and Lisa sat together and Dixie even remembered a couple of people in the photos and said their names as she pointed to them.



JULIES BIRTHDAY

On Saturday 16th September Julie celebrated her birthday with her housemates. Julie chose to have mini quiches, dim sims and other yummy party food! Kylie (Julie's housemate) made her a chocolate cake with sprinkles and was eager to put candles and sparklers on it. Julie was excited to spend the afternoon with some of her family members at "The Moonlit Sanctuary" on Sunday.



AROUND THE HOUSES



BUNGOWER

KYLIE BRAVING THE ELEMENTS

Kylie went to lunch at Sophias in Frankston and chose Lasagna from the menu. After lunch Kylie braved the elements and walked out to the end of the pier wearing her big new jacket.



CEDAR

BERNIE

Bernie is working hard on his goal of gardening. He is enjoying spending time in the community garden. We are looking forward to seeing updates of his efforts. Well done Bernie



CAMILLE

Check out the smile on Camille's face as he enjoyed a walk and picnic recently. Cami has also had a ball at a recent disco but was moving too quickly to catch a decent photo! There will be more discos in the future.



AROUND THE HOUSES

CEDAR

LINDY

I like going to the shops and getting new things says Lindy.



CENTURY

ANDREW

Andrew is a gifted artist. Andrew has set up an art room at his house where he spends most of his afternoons working on his artwork. Andrew gets great satisfaction out of sharing his finished work with the people in his home.



OAK

JENNY

Staff at Oak House have been busy working on the clients goals. Here is Jenny learning to manage her own money. She saved up to buy a DVD. Well done Jenny...



WARWICK

Warwick concentrating on his communication cards ready for community access.

You can do it WAZZA!!



AROUND THE HOUSES



HARTIGAN

Jeanette enjoyed seeing a live concert 'How sweet it is' at the Frankston Art Centre. Jeanette enjoyed joining in with crowd clapping and waving her hands in the air.



Michelle's favourite activities to do on a weekend, is to enjoy a train ride. Michelle went on the steam train from the Moorooduc station; the train passes through Mornington and returns to Moorooduc Station.



Robert travelled on the train from Moorooduc to Mornington, watching out the window, seeing lots of trees, houses, the flashing lights and sirens at the train crossing. Robert spent time reading the train brochure.



Robert is pictured with the house scarecrow that is featured in the backyard protecting the veggie patch. All residents helped to make the scarecrow. Julie knitted the jumper for the scarecrow that brings lots of colour – including her favourite colour yellow.



AROUND THE HOUSES

HARTIGAN

Grant and Robert purchased the vegetable seedlings from Bunnings to plant in the house veggie garden for spring. The seedlings will be protected by the house Scarecrow.



Once a week Grant spends time at PARC swimming centre. Grant enjoys being in the water and uses the pool noodle to paddle up the other end of the pool.



Michelle's enjoys preparing vegetables for the upcoming dinner at home, peeling and cutting the potatoes and carrots.



AROUND THE HOUSES



HARTIGAN

CAFÉ & GELATO

Michelle enjoyed having lunch out at the local café where she enjoyed her favourite food and beverage. Michelle enjoys going out on weekends to buy her lunch and even though it was a little windy it was quite warm and being the first warm day of spring we made the most of it. After lunch we went walking down at Rye beach, Michelle saw other people walking with ice cream and asked if she could have one so she was supported to purchase a gelato in a cone, she really enjoyed every bit of it.



HORRIBLE HISTORIES

Could you beat battling Queen Boudicca as she takes on the Romans? Will you be a martyr to the Magna Carta in the hands of cruel King John? Could you survive the putrid plague as it sweeps across the land? Will you lose your heart or your head to horrible Henry VIII? Can Parliament survive gunpowder Guy Fawkes? Would you stand and deliver to dastardly highwayman Dick Turpin? Escape the clutches of murderers Burke and Hare and move to the groove with party Queen Victoria!

Well Robert did when he went out to the Frankston Art Centre to see the Best of Barmy Britain in this special one hour production of Horrible Histories. Robert was introduced to the most famous, infamous and dangerous characters in British history! Robert participated in fun, facts of stories of the people who made Britain barmy!



AROUND THE HOUSES

OLSEN

HOLLY

Holly enjoying travel training in preparation for day service change to McAlister.



MARIE

Marie enjoyed making her new visual PCP.



SUE

Sue loves playing basketball on Thursday nights.



NICOLE

Nicole and 'Diesel' dressed for a mini procedure at Frankston Hospital.



VOLUNTEERING AT THE RED CROSS STORE

I have been volunteering at the Frankston Red Cross Store since October last year. I walk to and from the store independently every Thursday afternoon. I wanted to work at the Red Cross so that I could help my local Community.

I unpack, tag and hang the clothes and I make sure that the store always looks neat and tidy. Recently Colleen, another one of the volunteers, has been teaching me how to use the register, so that I can assist customers wanting to pay for their purchase.

I really enjoy working in the store and chatting with the customers. I have met a lot of nice people and I am hoping to increase my hours and volunteer on another day.



AROUND THE HOUSES



OPPY

JANE

In August Jane was lucky enough to go on a holiday with Leisure Options. It was a 7 day Barrier Reef Discovery Cruise.

Jane had a wonderful time meeting lots of new people, swimming, ab sailing, karaoking at night on the boat. Jane also saw crocodiles, dolphins and many other animals.

Jane is now looking forward to her next adventure.



LISA'S MOVE

In May, Lisa relocated to Oppy House from Oak House, where she had lived for a number of years. What an amazing change in Lisa and the ladies at Oppy House. Since moving, Lisa has brought laughter and fun into Oppy House with her constant chatter. She also now walks to and from her day program accompanied with a staff member at the moment, but the long term aim is for her to walk there unassisted.

As a lot of people will be aware Lisa loves to knit. She knits, and she is very proud of it. We often find patches of knitting everywhere. So to ensure

the trees are kept warm through this extremely cold winter, Lisa has knitted tree warmers. So we thought it would be a great idea for the trees out the front of Oppy House to benefit from all her hard work. So far 3 trees have been dressed.



AROUND THE HOUSES

RYMER

TIM AND GEOFF

Tim and Geoff are good friends and they love getting out and about.

Tim loves to go to the Irish pub for a meal, while he listens to the live music.

Tim and Geoff also walk the tracks up in the bush as they love the big trees and Rosellas, as long as

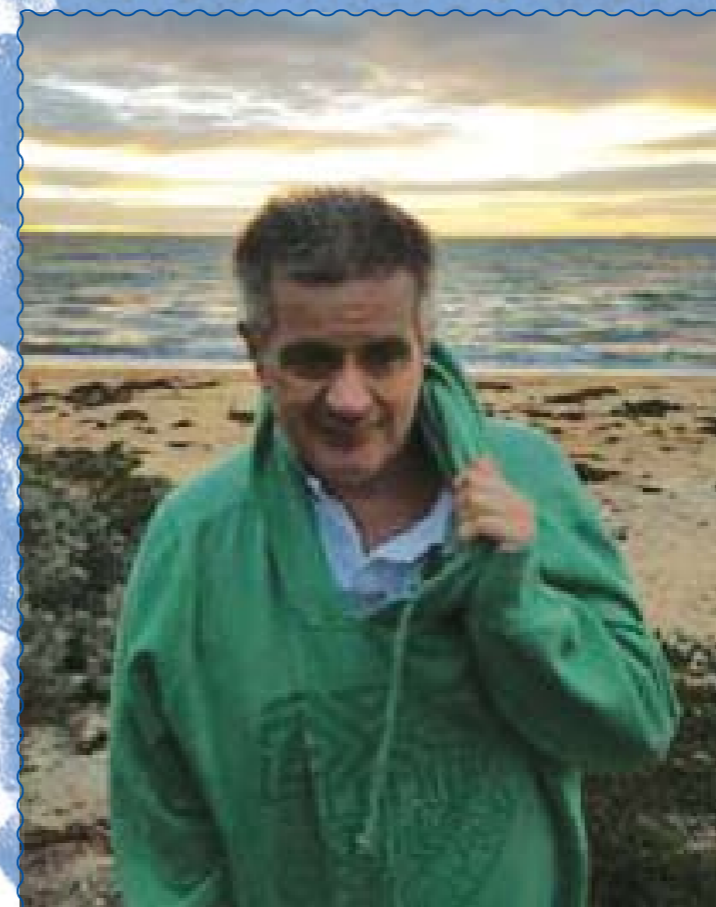
the birds do not come to close.

Tim and Geoff often go to Parks and enjoy a game of Cricket or Football. Usually Tim is very competitive and Geoff is improving each time they go.



JON

Jon often walks along Safety Beach and loves it when the sun sets over the Ocean. He also loves walking and speaking to people when they are walking with their dogs.



THE RISE



DEB

Deb enjoying a game of bowls.

AROUND THE HOUSES



THE RISE



LUNCH
Charmaine and Katrina enjoying lunch at their favourite café.



HASTINGS CLUB
Enjoying a day at The Hastings Club.



WENDY
Wendy using her new visual PCP to indicate what she would like to do on the weekend.



WALKING
Katrina and Rob out for a walk in the Winter sunshine.



INDIVIDUAL SUPPORT

BOOMERANG BAGS

The Community Involvement program has been working very hard over the last few months creating more Boomerang Bags than ever! The ideas that everyone has come up with for their designs are unique and the enthusiasm to be part of a community to help the environment is very exciting to see. We now have Boomerang Bag labels as well as **focus** labels to add to the completed bags. We hope to see many people out and about using our Boomerang bags and joining such a great cause!



STRETCH & MOVEMENT

Dromana has started our 'Stretch & Movement' classes facilitated by Kylie Edgar. This has been a great success as the people we support have the opportunity to maintain & work on their physical/mental health on a regular basis when they attend scheduled classes such as this one held in the Dromana Community Centre. The program is aimed at informing the people we support to engage a holistic approach to general health & wellbeing; it covers all aspects of mind & body working together as one. This is achievable with some simple lifestyle adjustments such as 'Stretch & Movement'.

From the first class the clients have achieved so much as Kylie has put some great foundations into place and now the clients are able to remember the exercises each week.

After the practical element of the program the benefits gained have been reinforced by some expert guidance via YouTube.

It has been amazing to see the progress and we are always looking forward to the next session. Well done ladies and gentlemen!



INDIVIDUAL SUPPORT



HAPPY BIRTHDAY PIP!

Disco fever was well and truly in full swing when McAlister clients and staff celebrated Pip's 50th birthday with a disco themed party.

Thanks to the very generous donation from from Pip's mum we decorated the lounge with disco balls, helium balloons and birthday banners and enjoyed a fabulous lunch. Pip was ecstatic when she arrived on the morning of her birthday to a beautifully decorated room in her honor.

Pip and some of the McAlister participants got dressed up in 70's inspired disco attire. There were some groovy, bright and sparkly outfits. First we kicked things off with a pizza lunch, which everyone enjoyed. We followed that by an amazing rendition of singing Happy Birthday to Pip.

Pip loved her Pink and White Strawberry sponge cake and it certainly was well received by all; very delicious. Next we got the party started and turned up the disco tunes. Everyone had an absolute ball showing off their disco moves and grooves. It was such a memorable day for Pip and the McAlister crew. We hope you enjoyed your 50th Birthday Pip!



SPORTS DAY

In July participants at IS Frankston attended the All Abilities Sports Day hosted by Sandown Cobras at Edinburgh Reserve in Springvale. This awesome free event is held every year and is supported by lots of volunteers.

It was a crisp, cold day however there was a great turn out of approximately 200 people who attended the event. Our participants kept themselves busy and warm by having a go at the various sports and activities on offer which included gymnastics, table tennis, cricket, soccer and bowling.



INDIVIDUAL SUPPORT

Gerard showed us his solid ball skills when playing soccer, scoring a goal every time he kicked the ball. Jackson and Adam shined during the gymnastics ball handling activity and managed to not only balance their ball, but juggle it too. Sam, Marie, Fi, Pip, Jane and Ritchie especially enjoyed playing table tennis. This sport appeared to be one of the favourites!

Everyone thoroughly enjoyed their day and as well as getting to try many new sports and meet and chat with lots of people, they were given an awesome show bag packed filled with lots of goodies to take home.



PETER

In September Peter worked on one of his goals. He walked the boardwalk, at The Briars in Mornington to the bird hide to watch the birds and then identify the types of birds from the charts on the wall, he was very happy when a Fairy Wren came and sat on the window sill, then we all watched 8



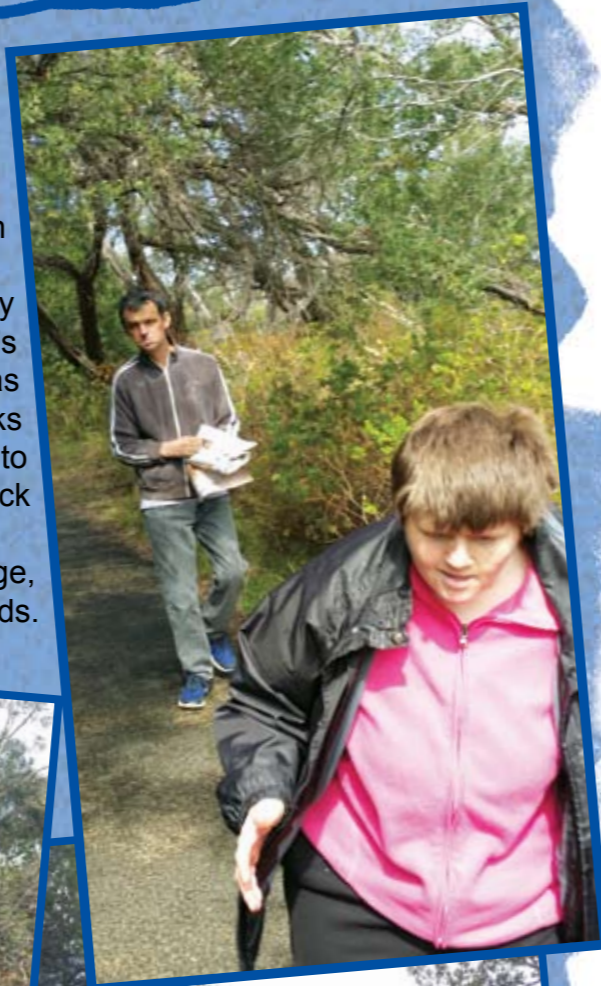
INDIVIDUAL SUPPORT



Emus (dad and 7 babies came to the water's edge) it was a happy day being outside in the wildlife. All clients had a picnic lunch and a long walk through the bush.

WALKING GROUP AT PT NEPEAN

The Tuesday walking group had a day out at Pt Nepean in September. Warwick, Corey, Camille, Alex, Geoff H and Linda were happy that the rain stopped in time when we arrived at Gunner's cottage. The group walked to Observation Lookout which was a round trip of 1.5 km. Alex and Corey enjoyed picking up sticks along the way, whilst Geoff and Linda enjoyed saying hello to other walkers we encountered on the track. Camille and Warwick seemed happy to look at the scenery and take it all in. The group decided to have lunch outside Gunners Cottage, enjoying the sunshine and the sound of the birds.



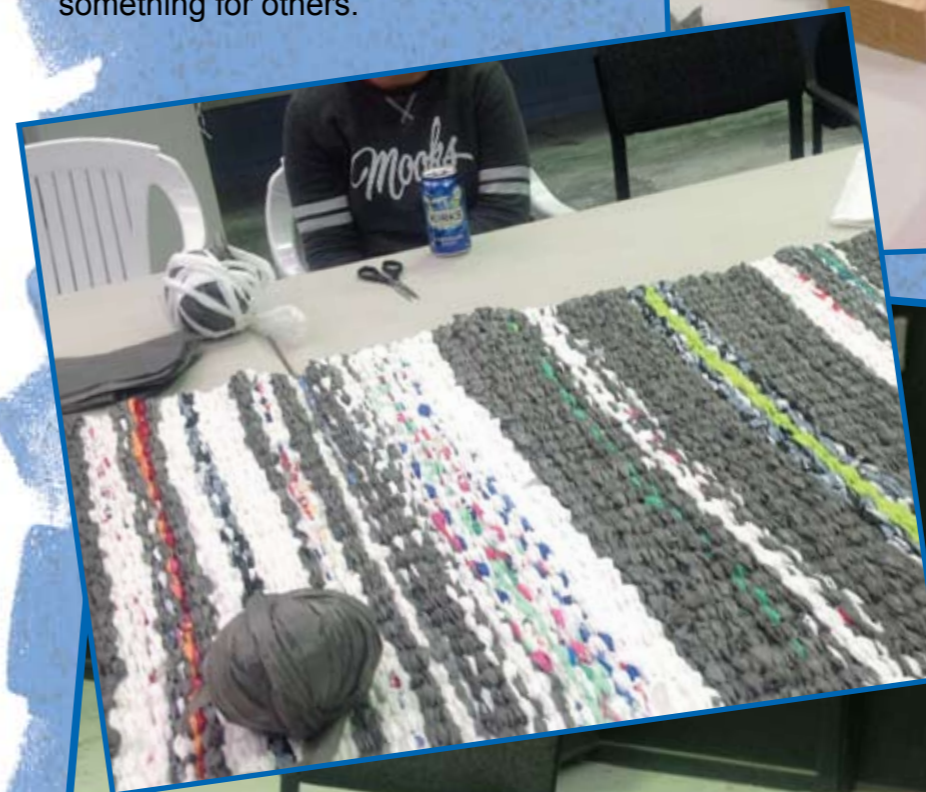
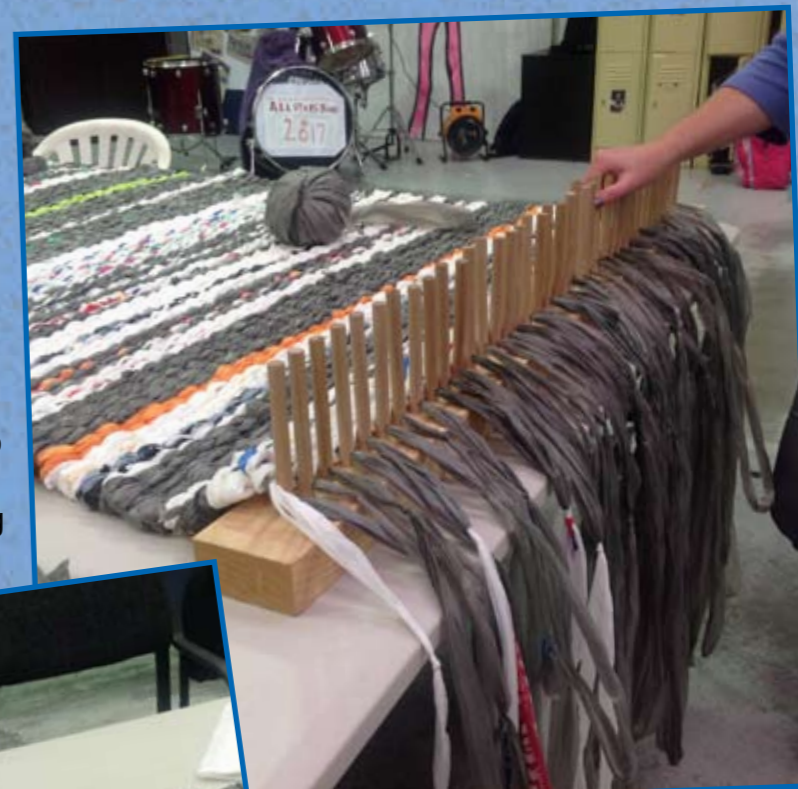
INDIVIDUAL SUPPORT

COMMUNITY CONNECTION

As part of our "Community Connection" program at The Factory we are making sleeping mats out of plastic bags for distribution to the homeless.

Each mat takes around 800 bags so we are going to need a BIG supply, if you have any please let us know. You may be aware that as of mid 2018 Safeway and Coles are phasing out their shopping bags so we need to collect as many as possible over the coming months.

We have plenty of room to store them so the more we can get hold of the better. Everyone is enjoying their part in doing something for others.



INDIVIDUAL SUPPORT



OUT AND ABOUT

As part of our fortnightly program "Exploring the Peninsula", clients from the factory chose to visit Cape Schank Light House.

We looked at the light house, went for a short walk, and saw several different views of the ocean.

Everyone had a great time.

Each fortnight, we choose a different place of interest to visit on the Peninsula.



INDIVIDUAL SUPPORT

THE WORKSHED

The Workshed Hot House
With the progression of Winter; the Workshed participants required a new and exciting activity to keep them dry and give them a hand's on project to meet their individual goals and generate some interest and fun.

With a few phone calls the Workshed staff and participants were able to visit Gary Andersen at the Glass House Company in Moorooduc and have a tour of the business.

After explaining exactly what we wanted to build, we were able to secure a substantial donation of plastic to cover our igloo frame, which was made up from old work benches joined by timber cross beams and bent conduit secured at each side, giving us the basis of a small but productive hot house.

With an additional call to Bowens in Hastings, the team at Somerville were invited to visit the Hardware outlet to have a chat with George Stolz their Branch Manager about our project and give him a better idea of what the team's goal was and what we hoped to achieve. This visit resulted in obtaining a donation of some usable timber for shelving and planter boxes and an ongoing pledge to help us out when they can.

We were now in need of some wire mesh for our seed trays and pots to sit on and a phone call to Andrew Pollock from Gateworks and Security Doors in Hastings was made. Andrew took time out of his busy schedule to visit The Workshed in Somerville, measuring up our Hot House benches so that he could donate the required wire mesh.



INDIVIDUAL SUPPORT



In finishing, a protective barrier made out of donated timber from our closest neighbour, Wood Trader was constructed to surround the hot house. Our original vegetable garden area was also extended, giving us a larger and safe area to work and operate in.

Now that we have a functional hot house, it is our hope that the participants will be able to sow seeds, raise plants and generate an interest in propagating cuttings from other plants. Participants will also have an opportunity to integrate with the local community, collecting cuttings and stock in order to build a collection of viable plants.

These can in turn be given as gifts for celebrated days i.e. Easter, Mothers Day, Fathers Day and Christmas or sold within the wider community. The Workshed staff and participants would like to sincerely thank the Glass House Company in Moorooduc, Bowens Hastings, Wood Trader Somerville and Gateworks and Security Doors in Hastings for their time, support and generous donation of materials to enable our hot house to be constructed.



constructed.



FIRE WARDEN ANDY

Throughout the year and with the oncoming bush fire season constant monitoring of the fire services at Red Hill is a priority. The main building has fireproof shutters that are lowered in the event of bush fire, along with an external roof mounted sprinkler system with its own dedicated water tanks. Fire drills are carried throughout the year with all Red Hill clients and staff participating in the drills.



SPRING HAS SPRUNG

With winter well and truly behind us (and not too soon some might say) Spring and the start of the growing season is a welcome change for clients and the Maintenance team. The deciduous trees all over the Peninsula seemed to wake up from the cold as quick as turning on a light switch at all of our houses. It has been mentioned that the blossoms have been quite remarkable this year and that bees are on the move already.



MOVES AT RED HILL

There are moves afoot at Red Hill and at Dromana. The ISS team at Red Hill have relocated into a new office and staff room along with Transport services. The Client Service team from Dromana are relocating to Red Hill before the end of the year. There will be a major benefit for all clients, families and staff giving everyone a centralized one port of call.

Thanks to the Maintenance Crew for getting it all ready!!



WATER CHECKS

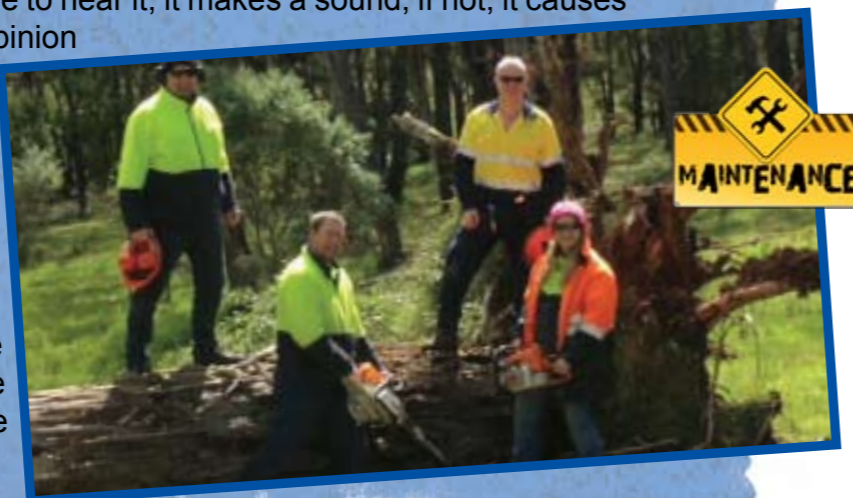
Daily checks are performed on our domestic water supply pumps here at Red Hill. We have 2 electric pumps that are activated automatically as soon as a tap is turned on. The pumps are fed from three dedicated 450,000 litre water tanks via a filtering system. We have had a high rainfall at Red Hill this year to date so the tanks are brimming to the top. The water tanks are checked daily and during the year if required the water supply is topped up via water cartage.



"If a tree falls in a forest and no one is around to hear it, does it make a sound?"

It is said that sound is something within human experience. Outside of this it's just air (or whatever other medium) vibrating. If someone is there to hear it, it makes a sound, if not, it causes rapid movement of particles. Whatever opinion

you chose to settle on about this question unfortunately the Maintenance team at Red Hill can't help you with your answer as they weren't around to witness this massive gum tree come crashing down in the last winter winds of the season. There have been a few of these old majestic trees lost at Red Hill this year and the team have their work cut out making sure that they are removed prior to the forthcoming bushfire season.



RON

Ron has his own garden bed in his front garden, where he tends to his seedlings..... lucky we have had plenty of rain and everything is growing well. With some sunshine soon we will be ready for picking.

