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FROM THE CEO ...

Welcome to 2013, can you believe it is almost Easter and a quarter of the year has flown by already.

As always there is so much to report, the staff continue to provide people with wonderful opportunities to experience what Melbourne and surrounds has to offer. Please enjoy reading about the many activities that have been enjoyed so far this year.

Once again, we must thank Ms Lucy Nicolson for her fundraising efforts. A Mezzo Soprano with the Melbourne City Opera, Lucy recently hosted a fundraising event at Poff's, Red Hill to celebrate Valentine's Day. The meal at Poff's was wonderful and the entertainment was spectacular as Lucy sang from Fiddler on the Roof along with other Russian inspired pieces. The day raised \$1,200 which will be used to purchase new musical instruments for the Community Support Service (CSS).

In turn the musical instruments will be used as part of a new program that is being run in partnership with the Salvation Army. The response to this exciting program has been outstanding.

We must also thank Michael Richardson from Mornington Peninsula & Gippsland Wines for his generous donation of wines to auction at the Valentine's Day Luncheon. The wines raised a considerable amount of money on the day. Michael regularly advertises promotion packs of wine at excellent prices. Please see his flyer in the newsletter and support his business if you are able.

On your next visit to Red Hill, take the time to visit the bird aviary in the Sensory Park. We are fortunate to have the support and assistance of the Mornington Peninsula Avicultural Society (MPAS) to teach the staff and clients to care for the aviary properly. MPAS not only donated their time to assist in restoring our aviary, but donated perches, new breeding boxes, feeders and an array of birds including Peaceful and Diamond Doves, Gouldian, Mankinn, Gold and Chestnut Finches, Kakarakis and King Quail.

Red Hill Consolidated School also got on board and donated a pair of Bourke Parrots that the children had bred in their own aviary.

To all the staff and clients from both the CSS and the Residential Service who supported this project, you should be congratulated on your efforts. Another thank you must also go to Nerilee from Bungower House who presented Appreciation Certificates to both MPAS and the Red Hill School.

If you haven't already visited our 'transformed aviary', make a point of doing so. It is a wonderful sight.

The third of our new Community Residential Houses is now under construction, at the time of writing the slab is down and the frame is well underway way. This house in Rymer Ave is expected to be completed by August. The residents of Maysbury Ave, who will be moving into this new home have already been out to choose their new furniture, they all have very set ideas on how it is going to look when it is finished.

You will have all read by now that the legislation to implement the National Disability Insurance Scheme (NDIS) has passed through Parliament. The passing of this legislation will now provide the

platform for the rules and regulations to be developed. There should be much more news on all this in time for our next newsletter.
I will continue to send updates with your monthly invoices as they come to hand. If you have any questions, please do not hesitate to contact me.

Gail Foster
Chief Executive Officer

BALCOMBE

BRUCE'S AMAZING HELICOPTER FLIGHT

For Christmas Bruce Lefroy's family decided to shout him a flight on a Helicopter.

On January 5th, Bruce and his sister Marj, went on the flight.

Bruce was very excited and chatted to the pilot; he had to wear earphone's with a little microphone he could talk in to.

The Helicopter lifted off, it was very exciting. Bruce could see the wonderful Victorian Coast line on the way to the city. The view was AMAZING!!!!

The flight took them over our fabulous city of Melbourne, Bruce could see all the tall buildings, parks, churches, roads, The MCG, AAMI Stadium, Rod Laver Arena and much, much more. Bruce even flew over where his parents live.

They flew over many sites and then they headed back to base. Bruce loved his flight and smiled the whole time, he loves to chat about that fantastic day.



CATHERINE'S NIGHT OUT

Catherine has always said she would like to see the Man Power Dancers. They were appearing at the Chelsea Heights Hotel, so Catherine was supported to get a ticket. Catherine enjoyed a yummy dinner at the hotel before the show, and then went to line up for the doors to open for Man Power. She happily chatted to the ladies who were lined up to get in; some of them had seen Man Power many times before.

Catherine chose to sit in the front row, the singer on before the show was very entertaining. The room was packed with lots of women, Catherine was excited. The guys that came out were fabulous dancers and very fit with huge muscles.

Catherine enjoyed the show, the music was great and the dancers very talented. She wanted to have a photo with the guys afterwards and happily lined up to have one taken, she then purchased a calendar as a memento of the occasion. What an excellent girls night out.

PINE HOUSE

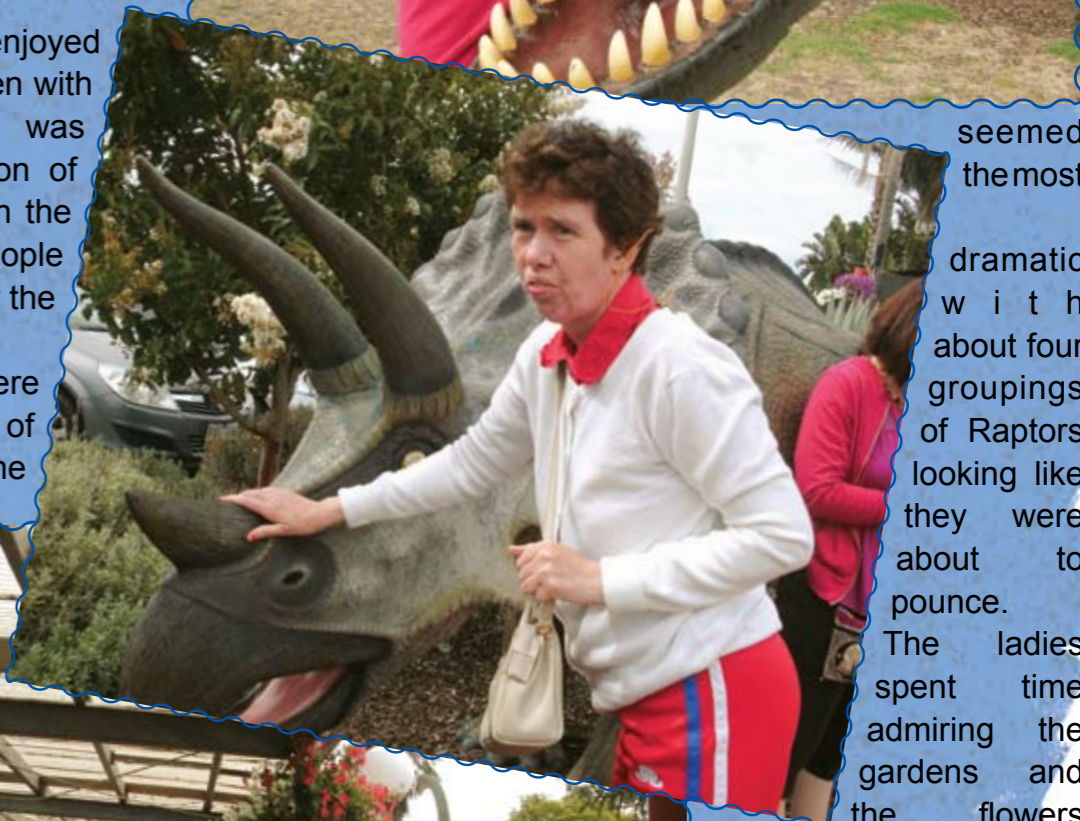
A day of Dinosaur Spotting – Pine House

The Ladies of Pine house had a wonderful morning at Garden World in Keysborough

Sally, Lindy and Jane were amazed at the sight of the dinosaurs from the road as we turned into the centre. They spent time fascinated by all the massive structures of the Dinosaurs and their placement in the gardens. There were some African animals as well which were easily accessible to all. The Giraffe and the rhino were amongst the favourites.

Lindy, Sally and Jane enjoyed having their photos taken with some of them. There was also a massive skeleton of a Tyrannosaurus Rex in the main building, and people were able to walk under the structure

The many exhibits were placed in a variety of plantings the desert scene



seemed the most dramatic with about four groupings of Raptors looking like they were about to pounce. The ladies spent time admiring the gardens and the flowers and Lindy was able to name quite a few species. We all went on to have lunch at Sages Cottages in Baxter and again look at the wonderful progress of the gardens and spend time with the farm animals.

AROUND THE HOUSES



HARTIGAN

GRANTS PHILLIP ISLAND HOLIDAYS 2012

Grant made the best of the nice weather before Christmas to take some days off and go on a well deserved holiday at the end of a busy year. He decided to chill out for a few days at the Cowes Caravan Park where he made himself comfortable in a beach view cabin. He loved to soak in the quiet and peaceful atmosphere sitting on the deck and watching the sea and embracing the open spaces around him.

Living right on the beach he had plenty of opportunity to grab a coke, have a quick walk down to the water and put his feet in the sand to enjoy his drink.

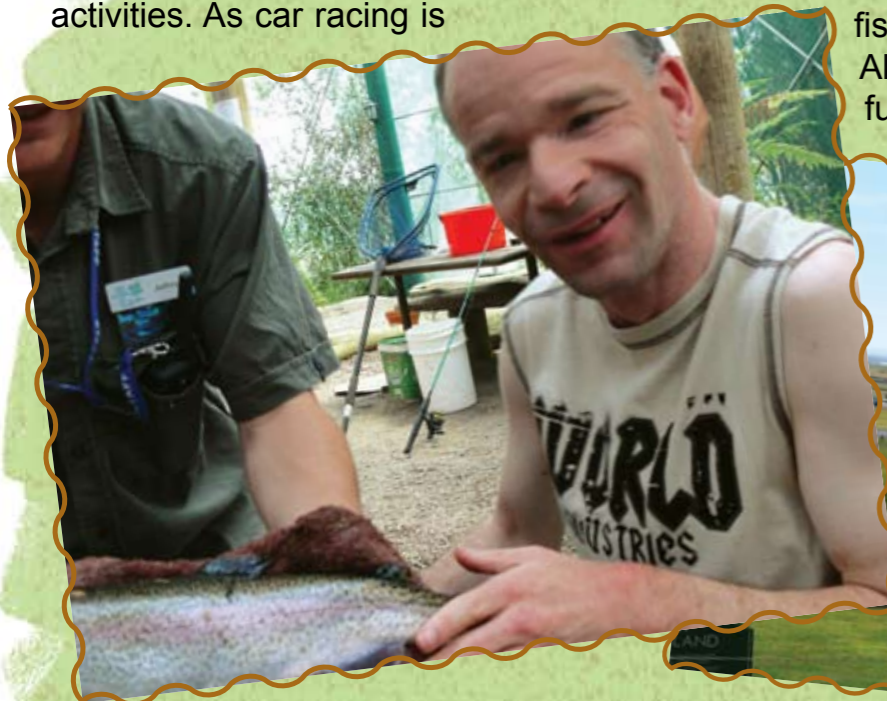
Of course there was enough time for other activities. As car racing is



one of his big passions he visited the Phillip Island Grand Prix Circuit to get a close look at the many race cars and bikes displayed in the museum.

Grant also caught two big rainbow trout's when fishing at the Rhyll Trout and Bushtucker Farm. They made a great lunch as fish'n'chips on his plate!

Altogether three days of sun, beach and fun which couldn't have been better. A great memory!



BONDI AVENUE

Alistair has had a wonderful start of the year with visits from family and is enjoying his session of diversional therapy with Simon.

He is doing very well with practicing his walking and doing some other exercises. He now has Skype and can talk with other members of his family more often.

Alistair is really looking forward to seeing the British comedian STEPHEN k AMOS at the Frankston Art Centre.



AROUND THE HOUSES

BONDI AVENUE

My sister Toni came down from Mildura. I have not seen her for a few years. We met up in the city to have lunch; it was great to see her. My uncle Gary "Gaz" was with my sister. It was great to see him too.

We were reminiscing about the old times. I am hoping to visit my family in Mildura in the near future.



CENTURY DRIVE

SCOTT'S BACKYARD CAMPING



Scott spent most of the summer camping out in the backyard at Century getting ready for his camping trip later in the year.

He and Philip both have a interest in camping and with the support of staff spent time during the summer months getting to know each other and preparing the camping trip.



STEPHEN'S LIFE

Stephen would like to give you a glimpse of his life.

He has taken up boxing to help him lose weight and as a form of exercise to help with his anxieties. He has also started to take an interest in cooking healthy meals

He now does bare foot bowls at Dromana once a week whilst the weather is good and

has started to take pride in the

Century bus and will wash it most weekends.

Stephen enjoys learning new skills. He was given the leaf blower to try and he cleaned up all the leaves at the back of his home. He also attends car shows in his spare time as it is a hobby of his.



HAVING A SAY CONFERENCE

On Wednesday the 6th of February I woke up at 5.30am. It was still dark outside. I got up, had my breakfast and got ready for the outing.

At about 6.45am, Renee, Kaitlyn, Joanne and I set off to the Sorrento Ferry. We got there for the 8.00am Ferry. There were 2 other buses there with people from 'focus' C.S.S.

We boarded the Ferry and went up to the lounge. We had morning tea and a drink up there while watching the land disappear. I didn't get sea sick, but Joanne wasn't feeling too good!

We arrived in Queenscliff and drove to Geelong. This took about half an hour. I got to listen to my own music on the way.

Arriving at the conference, I picked up my name tag and show bag and said goodbye to Renee and Joanne who set out for the day in Geelong. Kaitlyn and I then went to the Welcoming speeches. There were lots of people sitting in the conference area.

My first session was the Aussie Versus Kiwi Quiz. There were general knowledge, sport, celebrities and a few more types of questions. I knew most of the answers but Aussies still lost.

I bought lunch down stairs in the courtyard. I got a sausage roll and chicken schnitzel burger. Mmmmm

Last was the most active of all the sessions, Balloon football. I really enjoyed this. After lots of hard work by my team, we still couldn't come back and win the game. We lost by about 7 points.

It was time to go. Joanne and Renee picked us up and we headed back to Queenscliff. Everyone was starting to get tired.

Once we were back on the Ferry, we sat back up in the lounge. We were all almost falling asleep.

The day was a good experience and next year I hope to go for 2 days. I would recommend the day to everyone.

Cade Johnston

THE RISE & BALCOMBE HOUSE

Robert from The Rise and Bruce from Balcombe House are friends as you can see from the photos.

On a recent outing to the Rosebud Bowling Alley Bruce was explaining to Robert that it was his turn and that the green ball is his.

Bruce and Robert have also enjoyed lovely meals at Steeples in Mornington. Robert likes to order the gilled Barrumdi Fillets while Bruce has ordered Bangers and Mash and Chicken Schnitzel in the past.

Great service and friendly staff great food, nice environment makes the evening pleasant and enjoyable.



OPPY, THE RISE AND BALCOMBE HOUSE



On the 23rd February 2013, Aaron (The Rise) & Bruce (Balcombe) joined the Oppy Ladies Pip Fiona and Jane to see Chitty Chitty

Bang Bang at Her Majesty's Theatre.

With much anticipation the gentleman walked with their ladies to Frankston station.

We all travelled to the city. The trip was wonderful and there were lots of lovely ladies on the train going to the races. We all alighted at Parliament Station and got through the Myki system with ease. It was fun to travel up the longest escalator and arrive back into the sun; again the gentleman did the right thing and assisted their ladies to walk down to Exhibition Street to our lunch venue, Dumpling Sister Restaurant. So many things to enjoy and the staff were so helpful.

A short walk to Her Majesty's Theatre and we purchased our programs and then some photo opportunities were taken.



We loved our seats, they were perfect to view all the stage and the music was wonderful, but the

best bit was the car, Chitty Chitty Bang Bang was amazing and to quote Jane 'wonderful'.

We all had a little sing and there were a few loud bits so holding hands was needed.



During the intermission we enjoyed an ice cream and chatted about the show so far. The lights were dimmed and the music sounded the start of act two. Soon the show does end and we clapped and clapped until our hands were sore. Everyone had a big smile on their face.

We went to the stage door and were lucky to have our photos with some of the stars, David Hobson who is Caratacus Potts, Kurtis Papadinis who played Jeremy in today's production and Liam McIlwain - an up and coming star. A wonderful experience.



COMMUNITY SUPPORT



MY VOLUNTEER WORK EXPERIENCE - VERONICA

I have been working at the Australian Red Cross Opportunity Shop in Dromana as a volunteer since early January. I saw an advertisement late last year that volunteers were needed and so I decided to apply. I had to complete an application, have a police check done, give reasons as to why I wanted to become a volunteer and I needed to go for an interview.

I wanted to volunteer so I could give something back to the community. I really enjoy my work with the Australian Red Cross and I have met lots of new

and interesting people since starting there. I volunteer on Friday mornings and some of the tasks I do are; clear the donation bins, check the clothes to see if they are clean, iron the clothes so they look

good, tag the clothes with prices and put stickers on the books and bric-a-brac. I also place the donated clothing out into the store and make sure that the store is always neat and tidy. I have learnt lots of new skills since I started volunteering and I feel good about myself. I am also a lot more confident.

In February, I went to the Annual 'Having a Say' Conference in Geelong and I did a presentation about my volunteer experience. It was great to share my story with others at the Conference. I think anyone who wants to 'give back' should volunteer too. It is great fun and very rewarding!



TRAVEL TRAINING

-Look Out Frankston, Here we come!

This year CSS in Dromana has introduced the travel training program. We are learning not only how to get to Frankston but also what to do if something goes wrong.

Sue, Damien, Josh and Dominic have been traveling on the public transport to Frankston. Sue has done very well with travel training and loves to put her hand up to stop the bus and swipe the Myki card once on the bus. She picks the stops to get off and on every single time, so her dream of catching the bus to and from work may soon be a reality.

Damien, Dominic and Josh like to go to the 7 eleven to top up the Myki cards.

Damien looks forward to getting the public bus to his sister's house soon.

Both Josh and Dom think that travelling on the public bus is cool and beats a 'focus' bus any day

Some of the activities we are doing when we get there include going to the Frankston arts and entertainment centre, the community garden, bowling and more.

Sue, Damien, Josh and Dominic are now looking into joining the community kitchen in Frankston for extra practice.



COMMUNITY SUPPORT

LET'S GO SURFING!

An early start Saturday was well and truly worth it as a number of 'focus' people and support staff took part in the 'Let's Go Surfing' February event held by the Mornington Peninsula, Disabled Surfers Association.

Ricky, Gerard, Deb, Chris, Andrew and Nick all pulled on their wetsuits

and grabbed some great waves. Ricky was the pro, having taken part last year and his experience encouraged others to have a go at Point Leo's famed surf beach.

The weather and waves could not have been better, and the community involvement and incredible organisation by the DSA made it a brilliant day for all involved.



COMMUNITY SUPPORT



MCALISTER

WELCOME BACK TO 2013



We would like to welcome Gerard M to our group here in Frankston

This year so far we have had a

couple of birthdays. We would like to say a big Happy Birthday to Gerard V and Sam; we hope you both had a fantastic day.

At the end of last year the guys at McAlister had their end of year outing to the Melbourne Zoo. There were lots of animals to be seen,



some were sleeping and some were hiding and we all enjoyed it. All in all it was a very long day and the weather was perfect.

Also last term Deb, Gerard, Adam and Sam did their performance for Cirque Sur Roues where they got up on stage and performed for a crowd of people and did a fantastic job.

Now for this year we have been busy little bees organising our goals, outings and commitments for the term as usual we will be helping out in the Bunning's BBQ'S and



hopefully raise lots of money.

We are all looking forward to an outing to the Botanical Gardens , hopefully the weather stays nice for us.

The guys got the opportunity to do a Bunning's workshop and they made elephants out of watering cans, can't say I've seen such beautiful elephants in my life and most importantly they had such a great time doing them ,we cant wait for our next workshop

Also, we attended the Connectors meeting which was held at Frankston and it was such a perfect day at the Sand sculpting event called under the sea.

Our vegie garden is still coming along nicely even though the chooks are determined to eat it any chance they can get .They are not coping to well with the heat at the moment but hopefully soon they will be back to their normal cheeky selves.



COMMUNITY SUPPORT

SHARKS



Stefan was still deciding whether or not he would have a swim. Just testing the water. Stefan also enjoys it when the drummers come up on a Friday. He's also made friends with one of the drummers son's.

Corey has become an avid sailor. The best place to sit is on the bottom of the boat of course. Corey also loves to visit and feed the birds in the Aviary at Red Hill and give them fresh water.

During the week Jayden loves to prepare and cook a BBQ as pictured. Richie loves visiting the Cockatiels in the Aviary in the sensory garden with Mikael.



DOLPHINS

After a nice break at Christmas, Dolphins Group have enjoyed a great start to 2013 out and about and busy as always. As some of our more regular programs didn't kick off until February, this gave many of the client's the opportunity to explore new things and also enjoy the activities at Red Hill ie. our beautiful swimming pool facility. We have experienced quite a few hot days and it didn't take much encouragement to get them in the pool having a lot of fun.

The Dolphins group has been working hard towards the Production and look forward to the spectacular in June this year. The girls have been cooking up a storm in the kitchen, planning and prepping their ingredients to create some great meals. Well done especially to Becky, Deb, Lindy ... not to forget Timara and her excellent table service and dishwashing skill and of course Janene with her passion for shopping.

Our Gym attendees have been achieving some great work outs at the Gym, congrats to Anita, Melinda, Jono, Stephany, Dom and Nerilee. Deb is enjoying the Bowling Program immensely and must say that she bowls very well indeed. For Geoff there's still nothing like a day out at Mornington Sailability. Dolphins would like to welcome Anne-Marie to the group, she is a pleasure to have around especially with that beautiful smile we seem to be seeing more and more of

The new iPad's have been a great introduction to our programs this term. We have a group that regularly enjoys the iPad Program every Friday



afternoon and keeps them engaged for hours. In fact it is difficult to convince some that it's time to go home as they are so involved in what they are doing. It's really nice to see the level of interest and the sensory development of those who are involved. Everyone has their own interest ... Deb loves the puzzles and games Timara loves the games like memory, James loves the puzzles and the way he can just change things with a touch of his finger, Chris (peer support) is fantastic showing the others how to use the applications and he also enjoys YouTubing his interests. We are very excited in Dolphins at the potential development using this wonderful tool "The iPad".

Highlighting new opportunities for Nerilee:

Nerilee, has had the opportunity to enjoy some 1:1 activities such as Tube Riding at the Enchanted Maze Garden, some enjoyable outings swimming at the beach, meeting people and most exciting has been able to take out a membership at Curves Gym in Mornington. She also joins the McCalister group on a Thursday attending Cirque Si Roue at Frankston Arts Centre, learning Circus Tricks and acrobats.

SCARECROW SURPRISE

Alexis and Callan Daddo along with their two cousins Inneke and Katja Wagner, entered into the Hinterland Scarecrow Festival held in October 2012.

The children won the Junior Category with their delightful entry 'LANA' the Owl. A trail visitor who fell in love with 'LANA' offered to buy her after the competition.

After much discussion, the children agreed to sell 'LANA' and she now stands guard in a beautiful garden orchard overlooking Westernport.

The children who visited all entries along the trail during the competition, were very impressed with our 'focus' entry, 'Farmer and his Wife' and decided that they would donate the money from the sale of 'LANA' to 'focus'.

In December, Alexis and Callan, who attend Red Hill Consolidated School, visited Community Support at Red Hill with their very thoughtful gift. Alexis and Callan met

with some of our day program participants and presented a cheque for \$200.

Not only was the children's gift a wonderful surprise, but their decision to give away their money to 'focus' was a fabulous gesture of community spirit.

Thank you Alexis, Callan, Inneke and Katja!



BALLOON FOOTBALL

Balloon football has been enjoyed By Geoff, Dale, Luke, Ashlee, Olivia and Linda.

Linda has made a new friend at Balloon Football from a different organization, which is fantastic to see.



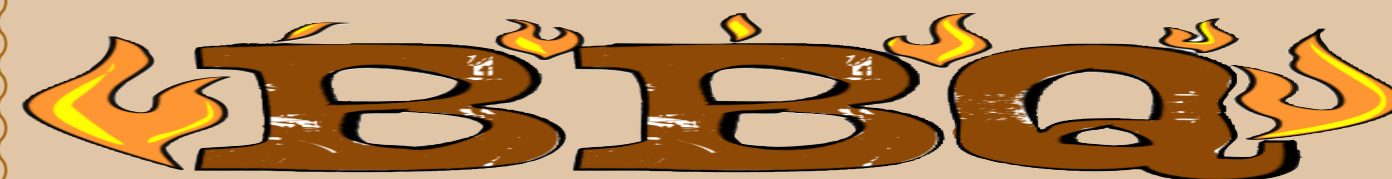
MARCH CONNECTORS MEETING

A fun time was had by all catching up with friends at the Connectors meeting.

This months meeting was held at the Under the Sea Sand Sculpture exhibit in Frankston. We all had a great time walking around and viewing the wonderful sand sculptures.

We met one of the sculptors and he wants to go to Paris to sand sculpt, we would not mind a trip to France to see his work!

We spent some time imagining what fish we would all be in one of the carvings.



Bunnings Fundraising BBQ's

In 2013, CSS has continued their fundraising efforts and to date have been fortunate enough to have three Friday BBQ's at Bunnings. A BIG Thank you must go to Bunnings for their unwavering support of 'focus' and to everyone who has assisted us and supported our fundraising efforts.

Thanks must also go to Dromana Fruits, B.R.A.D's Fresh meats, Rolls and Scrolls Bakehouse and Planet Fruit & Vegies for providing the necessary supplies for our fundraising BBQ's. Your generosity is greatly appreciated.

With everyone's kind assistance we have raised over \$2,100. this year. This will be used in our Life Skills Garden Project at Red Hill and to purchase further iPad's for use amongst our day program groups.

EXPLORING THE BRIARS

We had a wonderful adventure being out and about in our neighborhood; exploring our parks and reserves at the Briars.

We first had a look around the visitors center, learning about the animals from the wetlands the turtle, the eel and the blue tongue lizard. We then set off to spy on the birds from the hide, the first hide is called Boonoorong Hide, and it was dark at first but fine after our eyes adjusted.

The 2nd hide is called the Chechingurk Hide and it is very large and has a wonderful view of the wetlands. Bruce's favourite was the Gebe, we watched him fishing and then drying his wings out. We also watched many ducks and a very small bird called the Red Necked Stint was catching small insects on the waters edge, Koochie and Fi liked him the most.

Jane, Guy, Koochie, Fi, Mary and Marcus were surprised as a Great Egret was standing in the water very still and then he caught a fish. Our last wonderful bird was the very large White faced Heron, he flew straight in front of the windows he was just wonderful.

We all enjoyed watching the birds then using the charts on the walls to learn their names. We learned to look out for each other, pick up all our rubbish and be kind to the bush.



RED HILL GARDEN PROJECT UPDATE

Following on from our last newsletter article, Hillview Quarries in Dromana have donated and delivered three tandem truck loads of crushed rock for our Red Hill garden project.

This has allowed our wonderful maintenance crew of John and Brian to lay the base for our paved areas and has seen our garden project further develop.

The six raised garden beds have been constructed and moved into place and it's now almost time for planting.

Thank you Hillview Quarries for your generous donation!

COMMUNITY SUPPORT >>>>>

This year the Woman's Group has been very exciting and busy arranging where to go next. At the end of last year the Woman's group

invited the Men's group to see the Myer window's in the City, which was a fantastic day out.

Jane, Fi, Sue, Catherine, Amanda, Tim, Damien and Bruce had a great day out.



THE 'FOCUS' PEOPLE'S COMMITTEE

This term the People's Committee has been very busy arranging the CFA to come to Red hill to give a talk on how important it is to be Fire Ready.

Tim, Veronica, Fi, Amanda, Catherine, Jane, Bruce and our newest member Cade are planning a few other people to come and give us talks on other topics in the next few months.



<<<<<

COMMUNITY SUPPORT

HAVING A SAY CONFERENCE 2013.



Ten clients and four staff were lucky to attend this year's conference held in Geelong.

On Wednesday morning, bright and early we all met at Beach

Street Dromana to load the buses for the trip. We left just after 7am to make it to Sorrento in time for the 8am Ferry. The water was calm and everyone enjoyed the trip to the other side of the bay. We looked out for dolphins but unfortunately didn't see any.

Once the ferry docked at Queenscliff, we got back in the buses and drove to Geelong. Our first stop was at the Waterfront Campus of Deakin University. This was where we would spend the majority of our time for the next 3-days. The clients had all pre-selected the activities they wanted to be involved in, according to their interests.

Nick enjoyed a ride on a motorbike. Tim was our expert navigator, ensuring we got to all events on

time. Veronica and Marie both spoke beautifully in front of interested onlookers. Timara loved meeting new people, and saying hello to clients from other services. Josh enjoyed being



away from home and experiencing new activities. Amanda loved every moment, especially dancing for hours on the dance floor. Marcus was a singing sensation, overcoming his nerves to sing 'Country Road' in front of a huge crowd for the Red Faces night. Mary participated enthusiastically in all her activities, and also provided support for the first-timers. Tim was full of smiles, and also enjoyed the music.

Apart from our specialised activities, we all loved spending time together to chat and share some jokes. We also attended some serious sessions and heard some interesting talks about some of the issues we face.

Everyone, including the staff, had a great time at the dress-up night on Thursday evening. There were some crazy costumes and wacky hairdos, and we all enjoyed a nice meal and plenty of dancing. We listened to a great band, and everyone was exhausted by the end of it. Overall it was a fantastic event, and everyone who went enjoyed the experience.



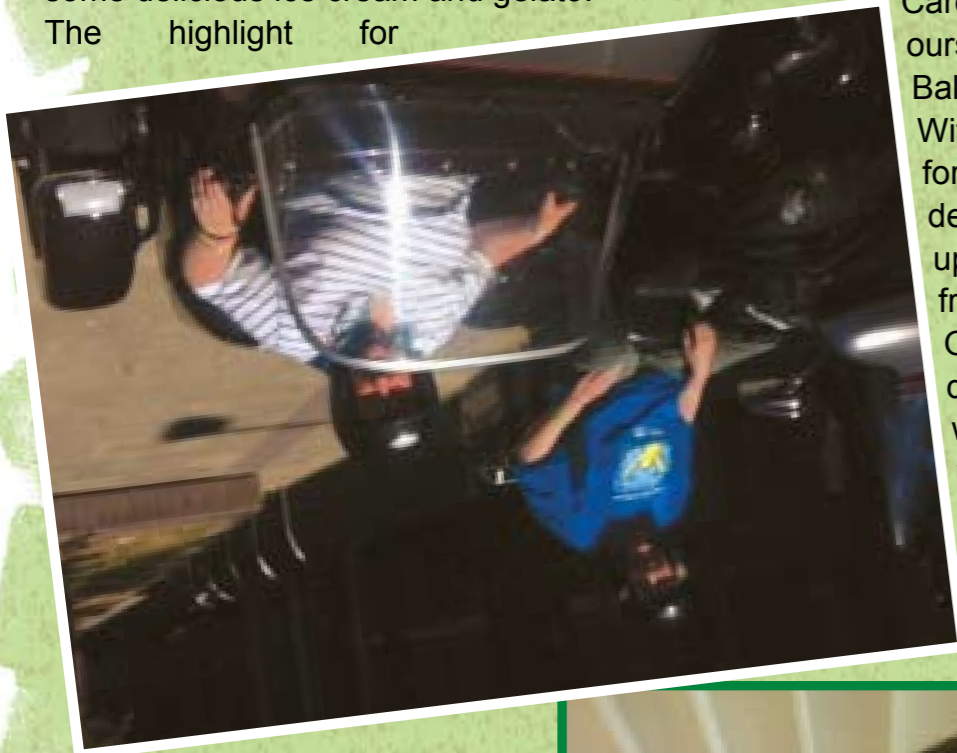
HAVING A SAY CONFERENCE 2013

In February four very excited people from Outreach made their way by ferry to Queenscliff and then by bus to our accommodation for the next few days, a lovely villa in Belmont. The “Having A Say Conference” began early Wednesday morning and Gladys, Elly, Jacqui, and Kylie were very enthusiastic to partake in all the ‘Come and Try’ activities. They enjoyed workshops on card making, floristry, badge making and art. That night we had dinner at the Sphinx Hotel and watched some of the “Red Faces” auditions. As it was a warm evening we headed off for some delicious ice cream and gelato! The highlight for



talks from a variety of people. We enjoyed a lovely lunch by the water at the Old Carousel then headed home to get ourselves ready for the “Unmasked Ball”

With our fabulous outfits on we set off for the ball and fun was had by all! A delicious dinner, dancing, catching up with old friends and making new friends. On Friday we packed up and headed down to the closing ceremony. We watched the finals of Red Faces which were amazing. Once all the speeches had finished we set off to catch the ferry home. Everyone was very exhausted but all had a fantastic time.



everyone on Thursday was the Harley rides. After a bit of initial hesitation, nervousness and bravery nearly everyone except Kylie and her broken foot enjoyed the breathtaking ride of waterfront with the wind blowing in their hair! We enjoyed a series of performances in the theatre including the drama group and big band, as well as some inspiring



RESPIRE ART PROGRAM

We are having lots of fun in the Outreach and Respite Art program! In December a few artists attending the Saturday Art Program decided to visit the McClelland Gallery and Sculpture Park. This is a spectacular place located in 16 hectares of bushland in Langwarrin, 4 kms East of Frankston. We were looking for inspiration and we got it! The outdoor sculpture collection by Australia’s leading artist is wonderful. We walked around admiring nature and art; we had a picnic and visited a couple of exhibitions inside the gallery’s main building. We had a great day full of laughter and amazement, and we will have to return because we could not see it all. We highly recommend visiting the McClelland Sculpture Park, it is FREE and the perfect place for a picnic, wonder, relaxing walk or a painting/ drawing session.





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