



FROM THE CEO ...

Welcome to another **focus** newsletter, I am sure you will all enjoy reading about the activities everyone is involved in.

The new Cedar House was opened with a luncheon for the families early in June. The big spacious house has provided much more room and storage for everyone who lives there. The old Cedar is currently being demolished to make way for the new Berry House. Hopefully the whole redevelopment will be completed by Christmas.

In late April **focus** again went through a surveillance audit against the Disability Standards. Thanks to the hard work of all the staff the organisation did exceptionally well once again. There were no non-conformities identified. We have come to expect good results like these but it takes an enormous amount of work by every employee to stay on top of the requirements. We can't thank them enough for their efforts.

Directors

Tony Negri OAM (Chairman)

Paul Hardy-Smith

Sally Harrop

Andrea Heffernan

Sara Jholl

David Wansbrough

Paul Williams

Executive Team

Gail Foster

Chief Executive Officer

Lisa Wilson

Executive Manager, People & Culture

Chairman's Retirement

The Chairman of the Kindilan Board of Director's, Mr Tony Negri, has informed the Kindilan Society Members of his intention to retire from the Board at the 2016 Annual General Meeting.

Tony has served as the Chairman of Kindilan Society Board of Directors for 45 years; he has been instrumental in the development of the organisation and has overseen the expansion from a small residential school to a large financially sound organisation that is now providing services to over 200 people with a disability.

As we prepare for the greatest social change in Disability Services; Tony believes the time is right to step aside and allow the younger members on the Board to govern the organisation into the future. He knows that the current Directors have the skills to continue to honour the past while still advancing the organisation in an effective and sustainable way.

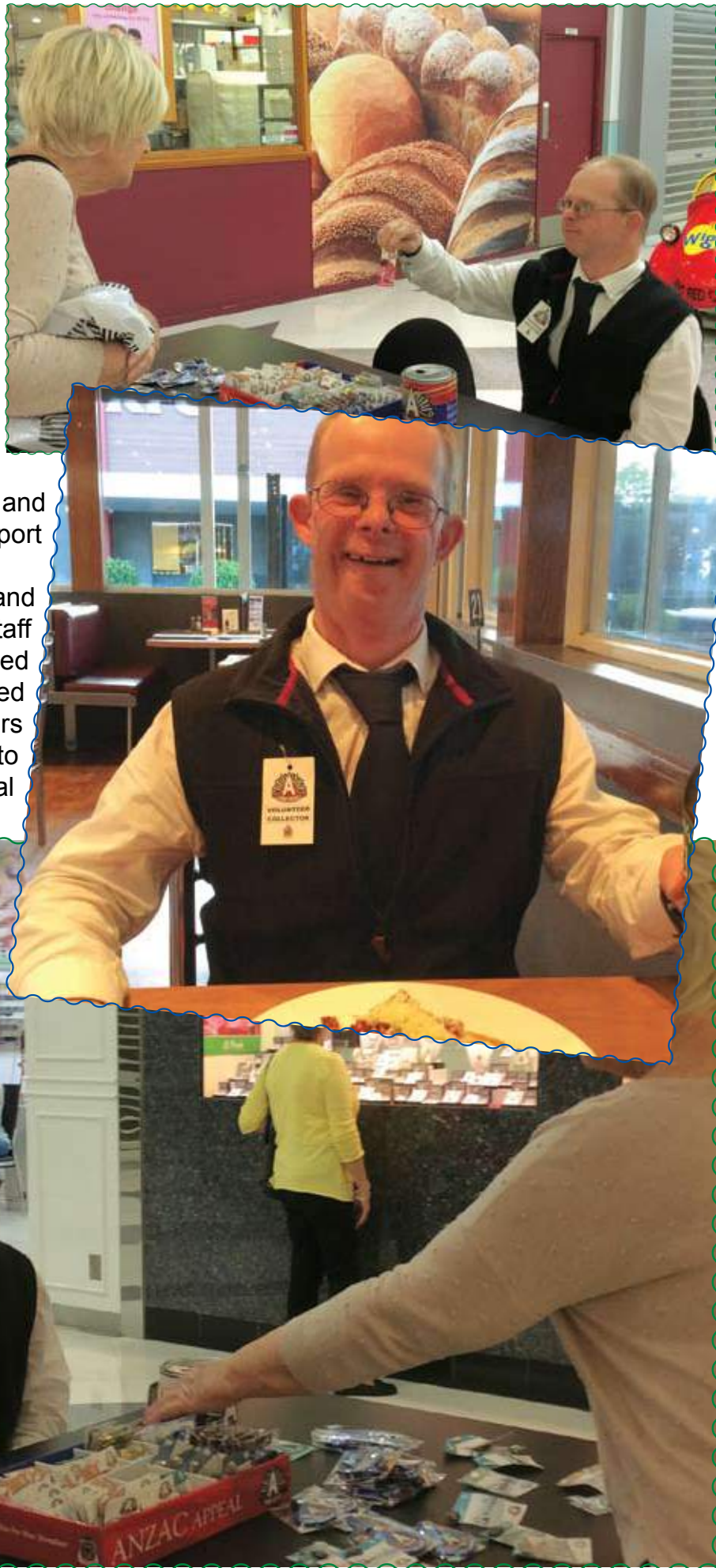
The 2016 Annual General Meeting will be a lunchtime event; it would be our wish for as many family members as possible to join us for a celebratory lunch to mark Tony's retirement and to celebrate his achievements. Invitations will be sent at a later date.

Gail Foster
Chief Executive Officer

BALCOMBE

MARCUS VOLUNTEER WORK

Marcus participated in volunteer work for the Frankston RSL attending to the sales of Anzac badges. Marcus was well presented in smart attire and very polite whilst chatting to members of the community at the Karingal Hub shopping centre. Marcus worked for a full 3 hour shift and sold over 30 badges with takings of approximately \$200. Staff assisted Marcus with the numerical side and he had cleverly obtained some pre sales from staff and colleagues who were happy to support him in his endeavour. Marcus visited the RSL afterwards and was very happy when committee staff introduced themselves and thanked him. Marcus especially enjoyed chatting with the committee members and told them that he would like to help out again for the Poppy appeal in November.



BALCOMBE ENTERTAINMENT

The Blcombe crew had a fantastic night out, dressing up in character and enjoying the music & dancing at “GREASE” the musical at the Frankston Arts Centre. Mary joined us for the fun and enjoyed her night out with Marcus.

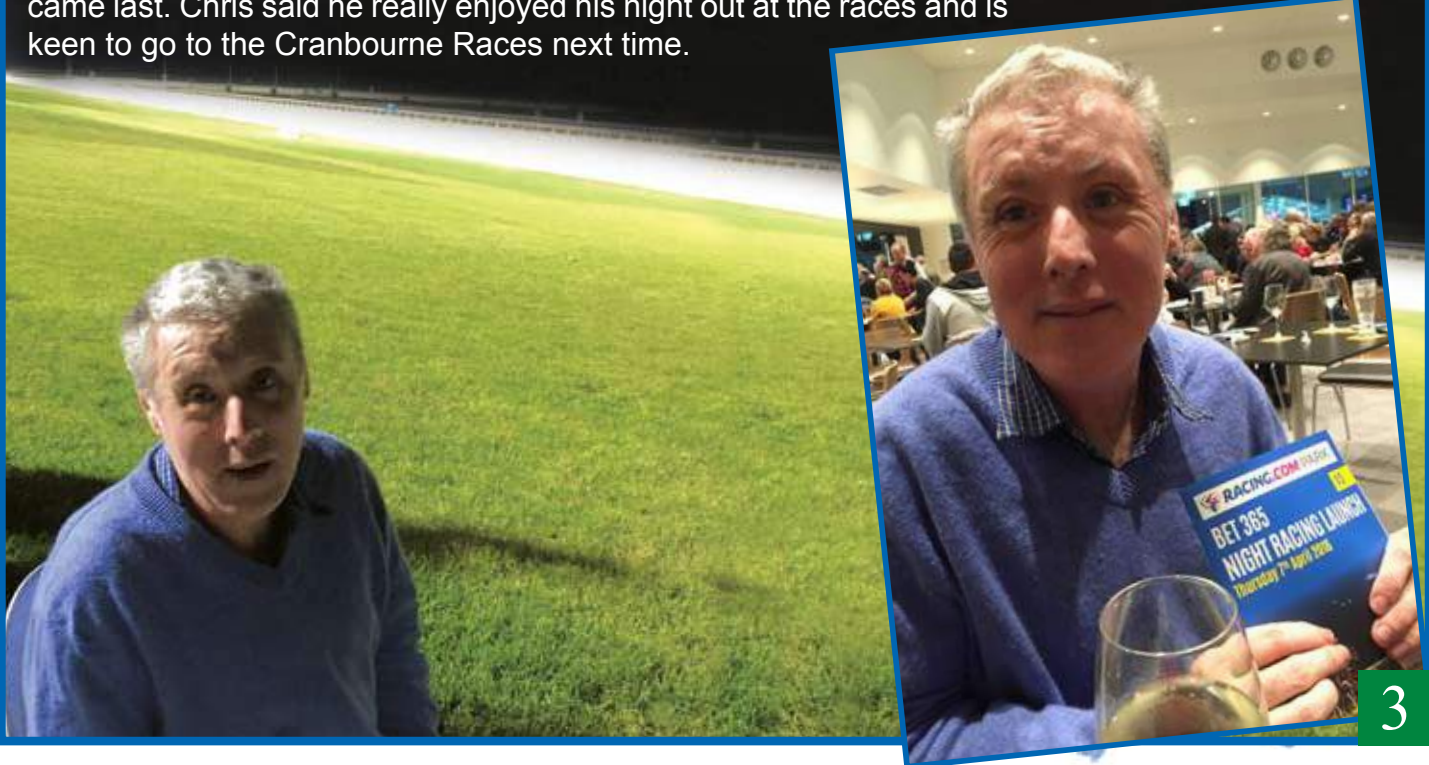


Julia enjoys a relaxing Saturday morning and having a laugh whilst preparing her breakfast.



PAKENHAM RACES

Christopher loves the horse races. He was supported to attend the brand new Race Track at Pakenham. The track, facilities and lights were very impressive, Chris enjoyed dinner and a nice glass of wine while studying the form guide. Chris placed bets on 3 races and chose his favourite number 7 for all 3. Chris placed his bets and then sat track side to watch the races. Race three Chris chose “Just a Prayer” it came 5th. Race 4 Chris chose Revelation, it was a very exciting race and Revelation came second beaten by less than a nose. Luckily Chris place an each way bet so he did get \$14 for second place. Race 5 Maldonado ran well but was not strong enough and unfortunately came last. Chris said he really enjoyed his night out at the races and is keen to go to the Cranbourne Races next time.



AROUND THE HOUSES



BALCOMBE

BALCOMBE RECREATION

During recreational shifts Marcus & Bruce like to keep fit.

They are members of the "All Abilities" Basketball team which plays in Somerville on Thursday evenings. They have a great time keeping fit and socialising with friend.

Another favourite activity is visiting the beach at Safety Beach where they have fun swimming, paddleboarding and throwing the ball for the occasional persistent dog.

All the Balcombe crew participate in BAM dance class and are busy rehearsing for the upcoming "LAW & ORDER" production at the Frankston Arts centre. They are seen here practising for "the jailhouse rock".



AROUND THE HOUSES

HARTIGAN

JEANETTE

Jeanette met up with her favourite person Sebastian, who she used to help do physical education when he was a little tacker and she volunteered at Peninsula Special School. Sebastian has moved on to different classes; he was leaving for camp when Jeanette met up with him. They were very happy to see one another.

Julie and Jeanette are playing Swish at Mornington Table Tennis Centre. They went on a Saturday morning. The both had a great time.



ASH ACTIVITIES

ASH HOUSE

Andrew was supported to attend the Whitehorse Centre in Nunawading to see "Legally Blonde – The Musical". Andrew thoroughly enjoyed the show which was singing and dancing all the way.

Geoff was supported to go with his Mother to Melbourne by train to view the exhibition of James Abbott McNeill Whistler (1834-1903) at the NGV.

Geoff was particularly interested in the painting of "Whistler's Mother" as it features prominently in one of Geoff's favourite movies starring Mr. Bean.

After viewing the works, Geoff enjoyed lunch in the garden under the shade of the Summer Architecture Commission by John Wardle Architects before returning to the train for the journey home.

We have Theodora attending Greek club in Frankston where she goes there every Monday from 10am to 3pm.



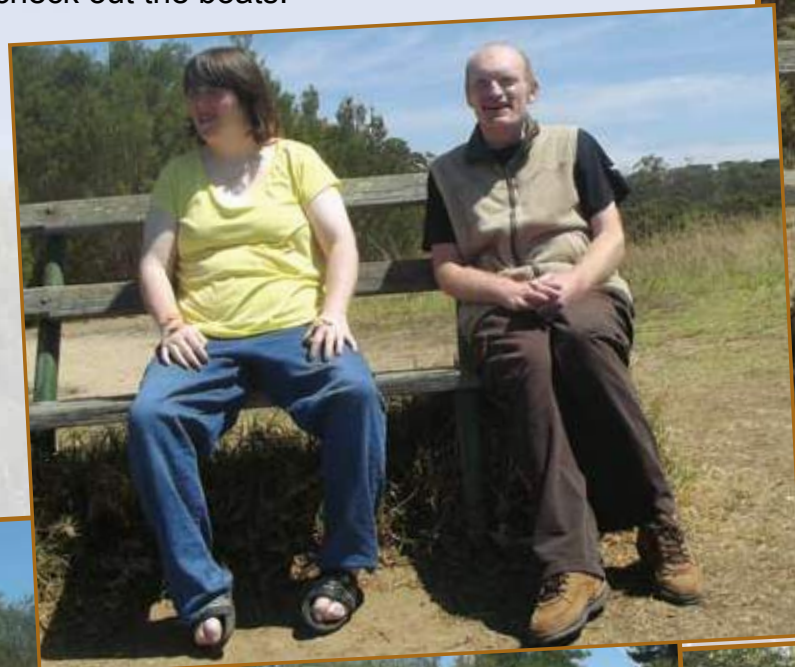
AROUND THE HOUSES



BERRY HOUSE

PICNIC

Everyone from Berry house decided to take advantage of the warm weather and go for a picnic at Jacks Beach Reserve. Simon, Deb, Robbie and Alex decided to soak up the rays while Susie, Bruce and Mark went for a walk to the water to check out the boats.



AROUND THE HOUSES

BERRY HOUSE



SES FAMILY FUN DAY

Robbie, Alex, Mark and Deb decided to have a look at the SES family fun day at Rosebud. Deb was in her element looking at all the trucks and motorbikes; there was even a boat. She met Andrew in his SES gear who showed her around the truck. Mark got his groove on listening to the band. Rob was happy to meet some of the people in costumes and was given a balloon. Alex enjoyed walking around and spending time in the sunshine.



BRUCE

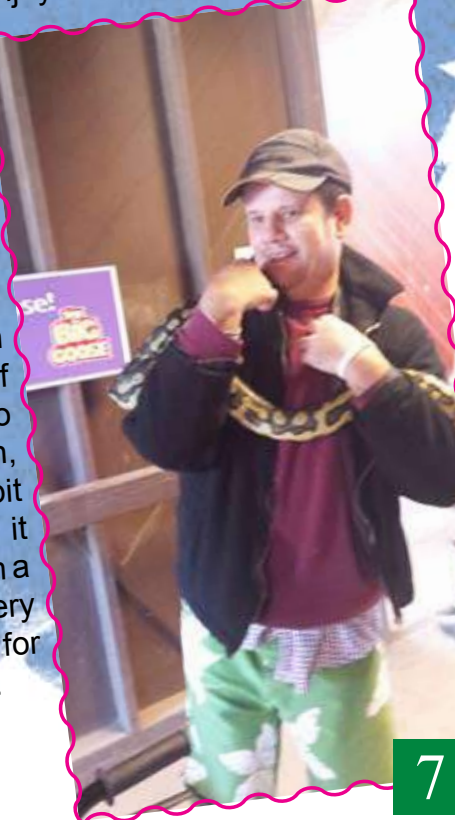
Bruce went to the Annual Red Hill Show and toured all the attractions. His eye caught the Clydesdale Horses in the corrals and that's when he decided he must meet them and say Hello.

For the next 20 minutes he studied them and coaxed a horse to come up to him by waving his hands. With much excitement from Bruce, the horse came up to greet him and get a pat.



SIMON THE SNAKE WHISPERER

Simon went for a visit to the Big Goose in Moorooduc. He enjoyed walking around looking at all the animals; he fed the goats and sheep. He was very excited when he saw the snake in the barn, and was very eager when he was asked if he would like to hold the python, but got a bit nervous when it went to give him a kiss. He was very happy to pose for some pictures.



AROUND THE HOUSES



THE RISE

WERRIBEE ZOO

Katrina, Wendy and Robbie from The Rise were able to take advantage of the last few weeks of daylight savings and the Autumn weather, when staff took them to The Werribee Zoo.

Opportunities abounded for great social and community engagement, paying for tickets, ordering coffees and communicating preferences.

"Look out Katrina... there's a herd of Zebras behind you"..... the Zebras were a real favourite with all the clients.

Robbie looked a bit concerned about the old safari bus.

Great smiles all around and experiencing new sights, sounds and smells!!

A long but very successful outing with many happy memories and photos to share with families and friends.



AROUND THE HOUSES

RYMER

The guys at Rymer have been having fun.

500 Miles? Well not quite THAT far yet but Michael Goddard is enjoying being out and about doing long walks working toward a weekend hike or overnight adventure. Great job Michael – love seeing the smile on your face on these outings!

Geoff enjoyed a recent outing to Tullamarine airport where he loved watching the plane activity and having lunch but the best part of the day was checking out the wine tasting display where he had a tippie..(or two..) He also loved a trip to the movies, catching The Jungle Book at a local cinema.

Rex loves the great outdoors and relished the opportunity to get up close and personal with some feathered friends recently at Sherbrooke Forest. Rex is also promoting the dental health message and gives the thumbs up after recent oral treatment.



AROUND THE HOUSES

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ASH HOUSE



PINE

Clients from Pine House joined Oak House clients for a fun BBQ at Woolley's beach . Warwick enjoyed walking on the beach. Mandy kept an eye on the sausages and Jane enjoyed watching everybody.

On a sunny afternoon Warwick enjoyed walking on McCrae Beach . He ate his fish and chips and was watched closely by the sea gulls.

Warwick, Jane and Mandy from Pine House love visiting The Beach at Flinders. A walk is always fun but a picnic is even better.

Mandy recently visited Hastings with fellow housemates and Jenny from Oak, they went for a shop and walk. She was surprised to see some pelicans and joined the other residents as they fed them.



BONDI

WELCOME

We have welcomed a new resident at Bondi. His name is Justin, he is 25 and so far he is telling us he is very happy at Bondi. Justin enjoys many activities including bowling, having a bet at the TAB and watching the footy. He has a gorgeous smile and is fitting in very well. During the day he goes to Connecting Skills in Frankston. He will have a birthday next month and is looking forward to having a party where he can have a bourbon and coke! Welcome Justin.



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AROUND THE HOUSES

SEAVIEW

ROCK'N'RODS AT ROSEBUD

James enjoyed the Hot Rod Festival in Rosebud, there were heaps of awesome looking cars to look at. James walked around pointing out the cars he liked, he even got up close to touch a couple of them. James stood and listened to the rock and roll music the band played and James laughed as he watched the dancers. There was a great selection of food available but he preferred to stop at his favorite pub on the way home and get a cappuccino instead.



BUNGOWER

Phil, Melinda and Dixie all celebrated their birthdays in April and May.

★HAPPY★
BIRTHDAY!



AROUND THE HOUSES



BUNGOWER

MELINDA

One of Melinda's favourite places to visit is the Zoo. She is not too fussy about where she spends most of her time, but top of the list is without doubt the Meerkats, Monkeys and all the big cats. Melinda was all laughs and pointing out animals she spotted.



BAM - KYLIE

Each week Kylie attends BAM dance class at Monash University.

She is excited to attend each week and is practising for a performance

to be held in June at Frankston Arts Centre.

Kylie is performing to some old rock n roll classics.

We at Bungower are really excited to see all Kylie's hard work pay off on the big day!



JULIE'S DAY OUT

Julie is pictured here with her Auntie Rose and her Uncle Tony.

Julie went to lunch to Food Star in Frankston where she met up with her mother and rest of her family.

Julie was all smiles and said she had the best day with her family.



AROUND THE HOUSES

PHIL THE CHEF

Phil was quite excited when the staff suggested he and three of his house mates go out for a BBQ lunch. Phil told everyone that he would be the Chef and do most of the cooking.

On arrival at a park near the Mt Martha golf course, Phil found a vacant BBQ, got the tongs from his walker and started cooking. Phillip cooked mushrooms, onions, sausages and hamburgers for everyone and was very proud of himself when he presented the meal to the table.

Along with everyone else, Phillip enjoyed his cooking; choosing to have a second helping.

Everyone gave Phillip the thumbs up for his effort.



CEDAR HOUSE

AT LAST THE NEW CEDAR HOUSE IS READY

The day started at 12 pm where parents/families were shown around the new house with much excitement. After all that walking and calorie burning we all sat down and enjoyed a light lunch and a cuppa while talking to each other and commenting on how big and how great the house is. It was also an opportunity for parents and family members to catch up with each other again.

It was a great day and also great to see the excitement of the clients showing off their new house and rooms. The big move in day was on 6th June, we are all settled in the house now and enjoying the space.



AROUND THE HOUSES



OAK HOUSE

Lisa has this year planted her own garden to grow strawberries and parsley. Today Lisa is watering her strawberries and seeing if there are any ready to pick. Lisa loves to get out to her garden and give it a big water.

Every weekend Peter enjoys feeding the birds in the aviary. Peter gets the small broom and shovel and cleans all the old food away making the feeding tray all ready for the new food to go into. Peter takes a bucket of water from Oak House and fills all the birds drinking containers. He also enjoys just sitting on the seat in the aviary while the birds fly around him.



BERRY FLAT

MIKAEL

Mikael had a great night at the Mornington Disco, dancing and meeting old friends.

He also had a wonderful night at home with his family to celebrate his 35th birthday. So much food!



AROUND THE HOUSES

OLSEN

Cheese Making Workshop at Main Ridge Dairy Farm by Holly Rees

I have been wanting to know how cheese is made for many years. Bianca and I booked in our fun filled adventure at Main Ridge Dairy Farm in Red Hill. For this workshop, we would make ricotta cheese, haloumi cheese and romano cheese. The cheese making process was great fun and I made lots of friends along the way. We stopped for a yummy lunch halfway through the day and I had more than seconds!! After desert then tasting the cheese we had made, we finished off by meeting the goats. I asked Bess, the owner, whether a free goat comes with the cheese we made! After meeting the goats, I watched how they milked them to create our yummy cheese. The day was so much fun and I look forward to going back soon!!



DISCO DISCO DISCO! THE HAVING A SAY CONFERENCE

It was the BIG night, it was here.

We were dressed up to the nines for our evening of dancing and singing.

Colourful gravity defying hair styles were a must!

Dinner was delicious, chicken with veggies or a lovely pulled lamb!

However dinner wasn't enough to entice us away from the dance floor too long, even the dessert of pavlova or sticky date pudding didn't stand up to the strong pull of the dancing crowd.

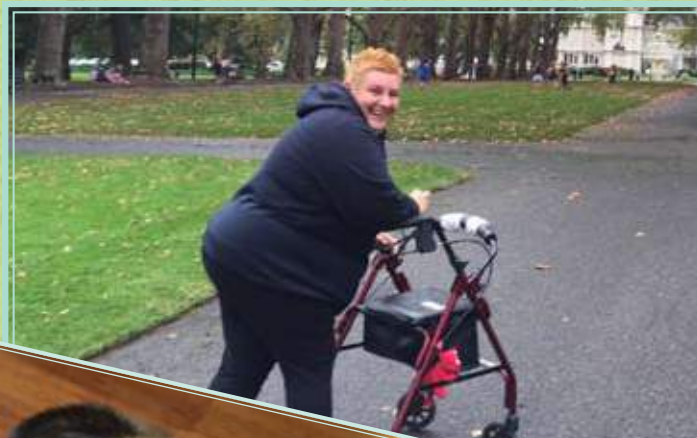
So many party classics and sing-alongs, so many friends to dance with, such sore twinkle toes and some very enthusiastic staff dancing alongside us every second of the night.

What a great night, I'm sure all were tired but so wanting to do it all again.



DOG LOVERS SHOW

Nicole enjoyed a fun filled day at the Dog Lovers Show in Melbourne. We caught the train to Parliament Station then made a short walk across the beautiful Carlton Gardens to the Exhibition Building. Nicole spent an hour walking around the entire facility meeting new people and their dogs. After lunch we made our way back to the station and returned to Olsen House with lots of show bags! Nicole said she had an "ace" day and that we will have to do it again!



THE HAVING A SAY CONFERENCE

We set off on our adventure to Geelong and the Having a Say Conference!

We Drove to Sorrento and caught the Ferry across the bay to Queenscliff. We only had a 40 minute drive to Riverglen Caravan Park where we would call home for the next few nights.

Once we reached our cabin, we unpacked and headed out to Woolworths to get supplies for the next few days.

On the first day of the Conference. We all got up early to get ready for the day, lunches and bags were packed and we were on our way.

First order of business? FIND THE HARLEY! Sue, Pip, Nicole and Jane all had grins from ear to ear as they whipped around Geelong on the impressive machine.

After our adrenaline was sufficiently pumping, we decided to relax a little and we sat down and had lunch with the lovely Ladies and Gentlemen of Balcombe house.

As day one at the Conference drew to a close, we went back to the cabin and had a cool relaxing swim in the pool and a Sausage Sizzle as we needed our energy to dance and sing the night away at RED FACES at the Sphinx Hotel.

We had such a great time watching all the acts.

The next day Nicole had Art and Sue went and had some speed friendships. Both excited to tell us how they went in each of the activities.

Nicole was able to sneak in an extra activity of Creative Writing which she enjoyed.

The friendships talk gave us an opportunity to get up the front of the room and speak about ourselves into the microphone. Sue ESPECIALLY liked this part in the talk, she LOVED getting up and telling everyone in the room about herself! We headed back to the cabin to get frocked up for the Dinner Dance.

The night was such fun, dancing with our friends, new and old.

Such a great week. New friends made and new things learnt!



AROUND THE HOUSES



MARIE'S BIG MOVE

On the 30th of April, my bed arrived at Olsen House in boxes. Mum and Sarah helped me to put it together – that took us 3 hours!! I never thought I'd have a bed!

Once the bed was made, we put the mattress on the bed frame and it was too big – they sent us a QUEEN mattress!!

So then my big move had to wait a little while.

Saturday 7th of May, the proper mattress arrived and I was finally able to move in. I brought all of my things from home.

I like spending time with my friends from Olsen House and having my TV up on the wall.

I have my own cooking nights and chores to complete. I like helping the staff with the cooking and cleaning.

I like doing my supportability notes with staff help

I really like living at Olsen House – I have been waiting for this for a long time.



SUE'S BIRTHDAY

In May I turned 54, I woke up happy because I was excited about my birthday dinner. I chose to have my dinner at the Langwarrin Hotel, where I had chicken schnitzel, chips and champagne.

To finish up I had a yummy Chocolate Mud Cake.

I received a new camera, some gift cards from my family and some new hair accessories. I had a fun birthday.



HAPPY BIRTHDAY!



AROUND THE HOUSES

QUEEN TRIBUTE

In March I went with Sarah to the Frankston RSL to see QUEEN!!!!

Freddie is the best one. I think he is the best singer and he sings my favourite song which is; We will Rock you.

I got dressed up in to my nice skirt and top ready to dance and sing, I should have taken my tap shoes.

The best part of the night is when we had a photo together and I kissed him on the cheek.

I can't wait to go back next year I made sure I told him so too.

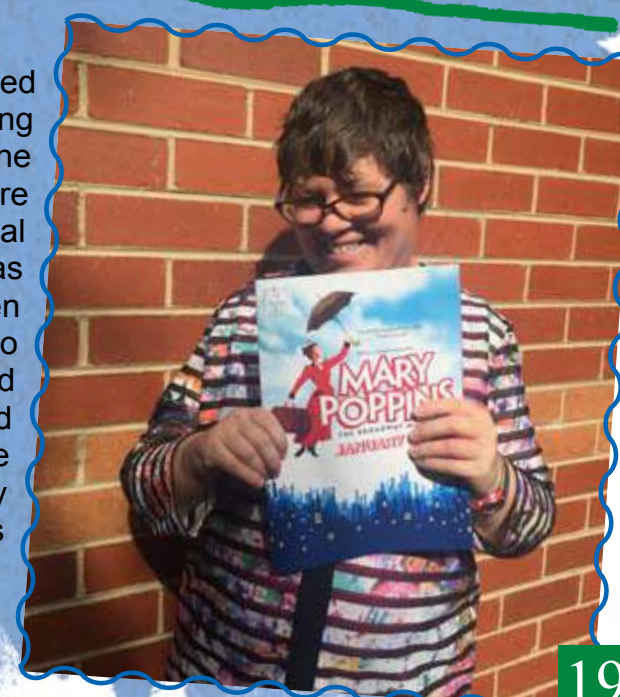


MARY POPPINS THEATRE SHOW



stage. I wish I could fly like Mary Poppins!! My favourite scene was "let's go fly a kite". The show was supercalifragilisticexpialidocious!!! I sang along with all the songs.

Bianca and I started the day by buying some snacks at the Frankston Arts Centre where the musical "Mary Poppins" was being held. We then made our way into the theatre. We had fantastic seats and could see the whole



Holly Rees

INDIVIDUAL SUPPORT



RED HILL

This term we really enjoyed the Music with Scott program, playing instruments and dancing to the music. Our pampering program with foot spas and massage was also well received. But we really enjoyed squishing and shaping play dough, exploring different textures and getting creative in our art programs.



INDIVIDUAL SUPPORT

CLOSING THE GAP

The clients at Red Hill ISS held a celebration to acknowledge the Closing the Gap program. It was a beautiful day in the sunshine; the highlight was a story from the 'Dream time' by Annette. Why is closing the gap so important? Most Australians enjoy one of the highest life expectancies of any country in the world — but this is not true for Aboriginal and Torres Strait Islander people.



Aboriginal and Torres Strait Islander people can expect to live 10–17 years less than other Australians. Babies born to Aboriginal mothers die at more than twice the rate of other

Australian babies, and Aboriginal and Torres Strait Islander people experience higher rates of preventable illness such as heart disease, kidney disease and diabetes. The mortality rates for Aboriginal and Torres Strait Islander people is on par with some of the world's most impoverished nations. The United Nations Report, The State of the World's Indigenous Peoples (2009) indicated Australia and Nepal have the world's worst life expectancy gaps



INDIVIDUAL SUPPORT >>>>>

between Indigenous and non-Indigenous people.

The Close the Gap Coalition — a grouping of Indigenous and non-Indigenous health and community organisations — together with nearly 200,000 Australians is calling on governments to take real, measurable action to achieve Indigenous health equality by 2030.

The Close the Gap campaign has achieved a tremendous amount since its launch by Cathy Freeman and Ian Thorpe in 2006.



The Dromana program has celebrated a few birthdays lately. Some we were able to celebrate here at Dromana and some of the birthdays were celebrated at home with family. The birthdays we have celebrated are Anita, Phil, Becky, Marcus, Bernie and Stephen. We hope you all enjoyed your special day in April and May.



★ **HAPPY BIRTHDAY!** ★

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INDIVIDUAL SUPPORT

SEED TO SEED

Participants have been busy preparing a new vegetable growing area in the garden. Lots of work went into removing old vegetation, adding soil and compost mix, in preparation for winter vegetable planting. Stay tuned for further news updates, as the gardeners are aiming at providing some great fresh produce for use in the Dromana cooking programs...hopefully the cooks will remember to share their delicious dishes with the gardeners..... yummm.



Delicious Dishes



By Dromana Chefs

The Healthy cooking group at SOS Dromana are very proud and excited to release a delectable Healthy Cook book with all their favourite recipes. This amazing cook book can be purchased for just \$5.00 from SOS Dromana.

Be quick to buy your copy as they are selling fast!

INDIVIDUAL SUPPORT



FUNDRAISING

As you are aware each year we get involved in the Cancer Council's Australia's Biggest Morning Tea and following some brain storming with the group, it was decided to give our all this year and try something new in order to raise some much needed funds.

Everyone came up with the idea of hosting a cupcake sale for our Australia's Biggest Morning Tea event and Bunnings Frankston were delighted to get on board and let us host our event at their store.

Our efforts paid off and our event was a huge success raising \$606.25 for the Cancer Council. A big thank you to everyone that supported us in making this day so successful.



DANCING WITH THE STARS

In April, Gerard from McAlister was chosen to dance at the 2016 2nd Annual People Choice Dance Awards where Paul Mercurio was in attendance as a special guest.

Gerard does ballroom dancing at the Marshere Dance Studios in Langwarrin on a Tuesday evening and was the Principal's choice for these Awards. Gerard performed Mambo No. 5 with his partner Marina before a packed house at the gorgeous Leonda by the Yarra venue.

Gerard was a smash hit and he received a special certificate. He also had the opportunity to meet Paul Mercurio and have his photo taken with him. Gerard had an amazing evening and smiles were abundant. Congratulations Gerard!



SAND SCULPTING EXHIBITION

McAlister participants visited the Sand Sculpting Exhibition at the Frankston waterfront after being lucky enough to receive some free tickets.

This year's theme was 'A Day at the Zoo' and as we moved around the exhibits we saw sand sculptures of monkeys, giraffes, lions, tigers, meerkats and elephants just to name a few. We were also surprised to see some mythical creatures.

Whilst at the Exhibition our group learnt that there was over 3,500 tonnes of sand that was used to make up the 20 life size sand sculptures and that the sculptures are sprayed with biodegradable glue which helps repel the rain in wet weather conditions.

The exhibits were amazing to witness and we also



INDIVIDUAL SUPPORT

participated in a sand sculpting workshop and had the opportunity to learn the basics of sand sculpting. Utilising the small tools provided participants were able to create their own sand sculpture masterpieces. Everyone had a great day!



MY YEAR SO FAR AT THE FACTORY



For the first half of the year I have been very busy.

I reached my goal of volunteering in an aged care facility, I really enjoyed my volunteer work and I hope to be able to volunteer again in the future.

I joined the art program on a Monday and really enjoy the program; I am currently working on a piece to enter into the upcoming SASI Art competition.

I am going to change my programs on a Wednesday as I don't enjoy dance fusion, I will be attending Dromana during the second half of the year.

Gym is a great new program that we started at the factory; every Friday afternoon we go the gym. I put a lot of effort into my program while at the gym.

I have started going to the VALID meetings again, I find the meetings very interesting.

BIGGEST MORNING TEA

We held the Biggest Morning Tea at the Factory in May. We sent out some letters to Bakers Delight and another shops like Subway asking for food donations!

We sent out invitations to people in the community and our family members, inviting them to our Biggest Morning tea. We raised \$201.25

We would like to thank Scott our Music facilitator for coming along in his own time to support us to perform at the Biggest Morning Tea.



Mary Nickson

BUNNINGS BBQ'S

The last Bunnings barbecue was in May at Bunnings Mornington, Tim and Fran volunteered in the morning, Kelly and Denise in the afternoon. The weather wasn't the best on the day, it was very cold and wet. I was cooking the sausages and onions on the barbecue. A sausage in bread was selling for \$ 1.50 and a soft drink for \$2.50. On the day we raised over six hundred dollars, I like working at the Bunnings barbecue as I like helping focus.

Tim Jolly

INDIVIDUAL SUPPORT >>>>>

PEOPLES' COMMITTEE

On Tuesday afternoons we have Peoples Committee at the Factory, I really like being in the Peoples' Committee. The participants in our Peoples Committee are Tim, Marie, Marcus, Mary, Catherine, Stephany and Myself Veronica.

We talk about the Disability Act, any Issues that clients are having and what's going on at focus. Recently on a Tuesday afternoon, Fran, Marie and I went and visited the clients that live in Berry House at Redhill. We talked to the clients about their rights, their choices, and if there are any issues that they are unhappy with. We then went and visited the clients and staff at Oak House; we spoke to Suzanne about clients having choices and we saw some recipes that the clients had chosen to cook. Soon we will be visiting other houses as well



OUTREACH NEWS >>>>>

SOUTH PACIFIC CRUISE ON THE GOLDEN PRINCESS CRUISE SHIP

In March, Les and Shirl Warren embarked on the "Golden Princess" cruise ship for a 14 night cruise around the South Pacific. Islands visited include Mystery Island, Champayne Bay, Vila, Luganville and Mare.

They had a fabulous time and while away they celebrated their wedding anniversary.

Les said he especially enjoyed meeting people at the many bars onboard whilst enjoying a beer in the sunshine. Shirl loved the open air swimming pool and spa. They both enjoyed the huge variety of buffet food and the intimate restaurants.

Les said the ship was enormous, with outdoor cinema, cafes, theatre and even a casino.

It was a few months in the planning but well worth the wait and very enjoyable.



<<<<< OUTREACH NEWS

DINO

Dino is enjoying life on the peninsula; he often spends time at the Rosebud foreshore track, at the pier and socialising at the local cafes. Dino participates in volunteer work at a plant nursery and is very proud to have recently received a certificate of appreciation. After work Dino finds a foot massage very relaxing. On his days off Dino often visits the Peninsula hot springs for hydro therapy and The Rocks cafe in Mornington helped him celebrate his 50th Birthday.



Rene enjoyed a splash in the sea at the Frankston Foreshore after having a walk along the walking track and pier. It was a beautiful evening and Rene enjoyed a meal afterwards at Sophia's Waterfront Restaurant.



The **focus** on Fun Social Activities Group has been running every fortnight since mid- January. The group has grown from 4 participants to 19!! The activities have all been well received and many new friendships have been formed – footy talk on the bus by the Collingwood supporters (most of the group) is a priority along with discussing future activities. We have been very fortunate with the weather on every outing enjoying mild, sunny days making us all feel like having fun!!!

After visiting Panny's Chocolate Factory the group enjoyed fish and chips in San Remo. An action packed day at Gumbya Park the group enjoyed riding on the 4-wheeled bikes wearing a hairnet under a helmet – much to the embarrassment of the males!!!! This was so much fun we went back again and again. The Toboggan proved to be the favourite ride of the day – rushing down the slide with the wind in your hair – Luke had a huge smile



OUTREACH NEWS



on his face while racing down the slide – this too was fun that we went back again and again.

After a BBQ lunch the group decided to go back to the rides rather than see the animals which we will see next time – all agreed this was one fun filled day and would like to return.

Cranbourne Australian Gardens is a must see – we enjoyed a beautiful sunny day exploring this magic space. A cruise around the gardens on the Garden Explorer and fun paddling in the flowing riverbed. Kyle and Rob grabbed the back seat on the explorer !! The group decided to drive to Tooradin for lunch where we were made very welcome at the café chosen.

The outing to Amaz N Things in Phillip Island was truly a unique experience – The gravity room proved to be a challenge for all but we helped each other to find the exit door then onto the mirrored room where we could see 4 of ourselves which proved very confusing but again we managed to find the exit!! Jonathon was first to enter the “Disappearing Booth” and yes he did disappear but returned on using the magic words “Abra Cardabra” and there he was!!!! After a BBQ lunch cooked by Jamie and Stuart we tackled the maze. Well, we managed to get separated into two groups walking over bridges, finding many dead ends seeing the other group but not being able to get to them – lots of laughter and stirring in this activity. Jamie, Leanne, Stuart, Marie, Andrea, Jonathon and Luke were first to find the exit – well done guys!!! We had to send in a rescue crew to show the others to the exit!!! Leanne, Jamie, Luke and Stuart took on the mini golf course with some very serious swinging of the clubs!!!! Leanne was the overall winner of the golf hitting 3 hole in one’s.....much to the disgust of the men – Well done Leanne!

