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Chief Executive Officer

Vacant

Manager Client Support

Lisa Wilson

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FROM THE CEO ...

Welcome to another 'focus' newsletter, that once again showcases all the wonderful programs and activities our clients are involved in. When I begin to compile each edition of the newsletter, I am always amazed by the variety of activities people are involved in. As always thanks must go to the staff for facilitating all of this and then taking the time to write it up and share it with all our supporters.

The last few weeks have been tinged with some sadness with the passing of two of our Life Governors and a client from Bondi Avenue.

On 24th April, our second Life Governor, Dr Richard Case passed away after a very long and debilitating illness. Along with Tony Negri and Alan Steele, Richard was instrumental in the establishment of the organisation and the building of the Red Hill properties. He served on the Board of Directors for many years before his retirement.

On the 11th May 2015, our tenth Life Governor, Mr Alan Steart passed away. Alan was on the Board of Directors for 16 years before his retirement in 2012. Alan was on the Board through a period of exceptional growth and huge changes in the Disability Sector, his contribution to the work of the Board during this time was invaluable.

Ms Megan Hutchings had been a resident at our Bondi Ave House for the last 3-years. She passed away on 5th June, surrounded by her loving family.

May they all rest in peace, they have all made a contribution to 'focus' in some way.

The new house being built to replace Oak House is now well underway, the painters have almost finished and the carpets will be laid in the next couple of weeks. We are expecting to move in by the end of July. There will be a lunch organised for the families to view the house before the big move across from the old house. Keep an eye out for your invitation.

National Disability Insurance Scheme (NDIS)

The Council of Australian Governments (COAG) Disability Reform Council met in Melbourne on the 24th April. Among other decisions it was decided at this meeting that information on transition to the scheme will now not be available until the end of August 2015. The information about when we will transition to the scheme is very important to our preparation to move across to the NDIS and had previously been promised to all Disability Support Organisations by the end of June 2015. We will keep you all informed as information becomes available to us.

Gail Foster
Chief Executive Officer

BALCOMBE

CJ ROCKERS NIGHT OUT

Catherine came home with a flyer for CJ Rockers, which she found out about from Owen at The Factory. All the Balcombe crew decided that it would be a great excuse for a night out and quickly banded together to create outfits for the night's theme "Into the Wild".

On arrival at Eastbourne Primary School we met Jenny and Clint, the hosts for the evening, and happily met up with Ezza, Owen and Ashleigh from The Factory. They are regular rockers and showed the Balcombe crew the ropes. Julia had so much fun and busted out every move she could muster. Bruce, as always, enjoyed dancing and singing along, especially to the Macarena. Marcus lit up the dance floor with his trademark moves. Chris socialized and was happy to see some faces from Karingal. And last but not least, Catherine enjoyed a couple of dances with some new friends and won a prize in the raffle!



I saw an advert on television of Guy Sebastian coming to Melbourne at Rod Laver Arena. I told Marcus and he said he wanted to see him live in concert. I had the idea we could go for my birthday. We started to organise the trip to see him and quickly bought the tickets. The show was spectacular! Marcus and I really enjoyed it - thumbs up all the way. We bought some merchandise. I bought a CD and program and Marcus bought a T shirt (he is wearing it in the picture). By Marcus and Mary.



BUNGOWER

Julie has had a great fun month of going to see Abba Gold and the Buddy Holly Musical Concerts at the Arts Centre at Frankston. Julie was singing along with the music and was very happy to talk about the shows to staff and her family.

Julie went to visit her Nanna Helen in the nursing home. Both Julie and her Nanna were very Happy to see one another and had a great afternoon chatting and having afternoon tea together.

Julie gave her Nanna a Mother's day card from Julie.

Julie will be keeping in touch for visits with her Nanna once a month.



RHYMER

Rex recently attended the 360 Allstar Show.

The concert was really interactive, and the performers encouraged the audience to participate and yell out instructions. This part of the performance Rex really seemed to enjoy and got involved in by cheering and yelling out at the performers.

After the show Rex stated he had a great night.

BUNGOWER

PHILIP CONWAY “OUT AND ABOUT IN AUTUMN”

Philip has certainly not let the “grass grow under his feet” this autumn. In March, Phil attended the Arts Centre in Frankston and enjoyed a play called “The one day of the year”, a performance celebrating Anzac day.

Phil was back at the Arts Centre a few days later for a big musical tribute night, celebrating the music of superstars, such as Johnny Cash, John Denver and Glenn Campbell. Phil was thrilled to sing along with the audience and he stated that he should have brought his guitar with him!

Philip’s next activity in April was having a thrilling ride on a Harley Davidson motor cycle.....a great way to celebrate his birthday. Phil has always had a love of motorbikes and he finished off this activity with a birthday lunch at “Steeple” in Mornington. Phil was very happy to share his birthday lunch, with all of his other house mates. He finished the day by enjoying some yummy birthday cake back at Bungower, with all house members singing “Happy birthday” to him.

On Anzac day, Philip attended the morning service at Memorial Park in Mornington. He was very interested in the moving ceremony and was most impressed with performance of the “last post”, particularly with the amazing sound of the Bugle. Philip met some people he knew at the service and he was very keen to join others in having a coffee at the completion of events.

Finally, Phil enjoyed visiting his Mum Sandra, on Mothers day. Phil was pleased to have other members of his family in attendance and he loved sharing old memories and stories, particularly with his brother, Damian. Phil presented his Mum with a gift and a beautiful bunch of flowers, which was lovingly accepted.

Yes.....a busy time in Autumn for Philip!



HARTIGAN

JEANETTE

"Jeanette was invited to attend the Learning Stone Ceremony at Peninsula Specialist College in March. John Murray a Koorie Educational Support Officer was the creator of this great project and Auntie Marg who is a Koorie elder was the guide.

The boys played the Yidaki and clapping sticks. Then the girls performed a special dance, some carried branches of gum trees and others were carried a wooden bowl called a Coolamon - which means carrying vessel.

Then Auntie Fay welcomed everyone and the Koorie students explained their paintings of the Totem Poles.

Everyone sang along to the Bunjil Song which was performed by the band "Cheeky Goose".

Jeanette participated in the smoking ceremony and walked through the smoke and around the circle with the children.



"The Learning Stone" site provides a living local resource to provide a better cultural understanding. It is a great place to start for teachers in their delivery of indigenous content. "The Learning Stone" will help promote and celebrate aboriginality in all forms – from educating the school community and validating Koorie people to embracing and becoming involved in the community." (Information taken from PSC Newsletter)

Then we all had a wonderful morning tea which was made by the children."

SWISH YOU WERE HERE

Jeanette was showing us how to play Swish over at Mornington Sports Centre and reckons no one can challenge her, what do you think? If you fancy your chances, get yourself down there and give her a game. It starts at 10 am on the first Saturday of every month.



RAIN HAYNE & SHINE

The weather held out for Robert and Michelle as they visited the farm. They found it a great place to visit and there were lots of animals to see and feed.



OAK HOUSE DISCO

Jamie , Anita , Jenny and Lisa from Oak House, Deb from Berry and Cammy from Cedar all headed off on Friday night to the All Abilities Disco at Eastbourne Primary School in Rosebud.

When we arrived we were given glow sticks to wear, some were in the shape of glasses. The hall was all decked out, there was bright coloured lights which were flashing and the music was nice and loud to dance to.

There was a DJ who played some great tunes. All the guys danced most of the night. We were happy to see others from Red Hill at the disco, Ben, Jacob, Mick, Geoffrey, John and Andrew. It was a great night out and we can't wait till the next one.



CAMILLE ATTENDED THE ALL ABILITIES DISCO.

On arrival Camille paid his ten dollars at the door and went into the hall where the disco had already begun and the lights were dark and flashing; the music was blaring. Camille took some time to adjust to the surroundings but soon found his confidence and rhythm and was rocking on the dance floor. Camille got very excited and before long, he had staff chasing him all round the hall as he ran from person to person (mainly female to female it must be said). Either way Camille was not deterred, he exhausted staff as they tried to keep up with him.

Camille enjoyed the evening and as an added bonus, took the bus back to Cedar House. Staff believes it was ten dollars well spent!

THE RISE

If you see us out and about in the community, please stop and say hello...

If you are in "Guitars and Things" in Frankston there is a chance you will see Aaron. It is definitely one of his favourite places.

Maybe you will bump into Katrina next time you are on the Sorrento to Queenscliff ferry? Katrina loves sailing across the bay, especially whilst enjoying a cappuccino with a friend on board.

Robert is always up for an enjoyable day out. Maybe you will see him at the Kingston Harvest Festival next year in May. Rob certainly had fun at their event this year.

How about bumping into Wendy whilst out for a coffee? There must be a good chance of that happening – maybe in Geo's Coffee bar in Somerville, Pelikan Société in Hastings, The Alley in Dromana, or somewhere else...

You might even bump into Charmaine in the local hairdressers... but you'll have to be quick!

We will be around and you will be around so we might see you around!



OPPY & OLSEN

BEE GEES TRIBUTE SHOW

Friday night was the night. It was here. The lovely ladies at Olsen and Oppy had been waiting for this night for a long time.

Everyone frocked up in their best dancing clothes and headed to the Frankston RSL.

We were stunned by the dinner options, lovely Salmon, Mushroom Tart, Lamb Shanks and Chicken. This was all before seeing the decadent dessert menu, Pavlova, Caramel and Chocolate Tart or Banoffee Cake. The choices were definitely hard to make – couldn't we have one of each?!

Once dinner and dessert was gobbled up, it was time for the main event.

EVERYONE cheered when the Bee Gees pranced on stage.

Holly claimed she didn't know the songs, but astounded us all when she sung all the "Words".

Jane was front and center at the stage and said to us "You should be dancing"

Nicole got to "Jive Talkin'" and sung louder than ANYONE at the show, even those up on stage.

Fiona was full of smiles, glee and "Emotion" on the dance floor.

Sue was full of musical "Spirits" and danced and cheered in her seat.

Deb was not "Alone" in her enthusiasm on the dance floor.

Dixie showed us her disco moves and "Night Fever" and got many smiles from those around her.

And Sally was "Stayin' Alive" to the beat on the night!

We all came home, all puffed out but extremely happy from our night out.

Until our next Musical Adventure!



OPPY & OLSEN

OLSEN BIRTHDAYS

SUE - 6th May

Happy birthday to you,
Happy Birthday TO YOU
HAPPPY BIIRRTHDAY DEAR, SUE...
Happy Birthday to you!

Sue enjoyed her birthday full of cake and lunch with her family.

Sue was spoilt with so many beautiful new clothes and loved showing them off to everyone who walked in the door!

Happy Birthday, Sue!

Dixie - 30th April

Dixie also celebrated her birthday!

I don't think anyone has ever had so much cake for their birthday

Cake on her birthday night, Cake at her nephew's house and Cake at her birthday lunch.

Dixie was also spoilt, new bags and wool, enough to make a blanket – if only she could get past a few rows on those Knitting needles!

Happy Birthday to you, Dixie!



HAPPY BIRTHDAY!



GALLIPOLI

The 100 year anniversary of the Gallipoli landing was a significant event on our calendar and Fiona, Jane, Pip, Sally and Deb had been talking about what Anzac Day meant - 'it's about the soldiers/people who died in the wars/about getting shot'.

The ladies braved the grey skies and attended the Anzac Day march in Hastings – taking in the ceremony of the occasion and being part of the community who took time to remember those who served. Lest We Forget.



OPPY & OLSEN

HARRY POTTER

Fiona was delighted recently, to come across one of her favourite fictional characters Harry Potter! Harry was gracious and allowed Fi a turn with his wand and said it was lovely to meet such a nice 'muggle'.

**MYUNA FARM**

On a lovely Autumn day the ladies from Oppy house visited Myuna Farm.

They got up close with many different animals including camels, deer, alpacas, sheep, horses, goats, pigs and many others, they also learned a lot about the animals from the information displayed at each area.

Fiona and Debbie particularly loved the horses.

Jane and Pip enjoyed feeding the deer and sheep the best.

A picnic lunch and a rest near the horse enclosure, was a highlight.

Following the big day of walking all around the farm, everyone enjoyed an ice cream before heading home.

Everyone agreed it was a great outing on a beautiful day.



OUR BACKYARD

At Dromana we have a group of participants that have chosen to maintain the facilities around 16 Beach St. Many of the activities are focused around general household tasks, including washing the windows, keeping the woodworking area tidy, sweeping paths, weeding the garden, watering plants. The group have also hung artwork on the inside walls to create a nice colorful and welcoming environment to attend.



BIRTHDAYS

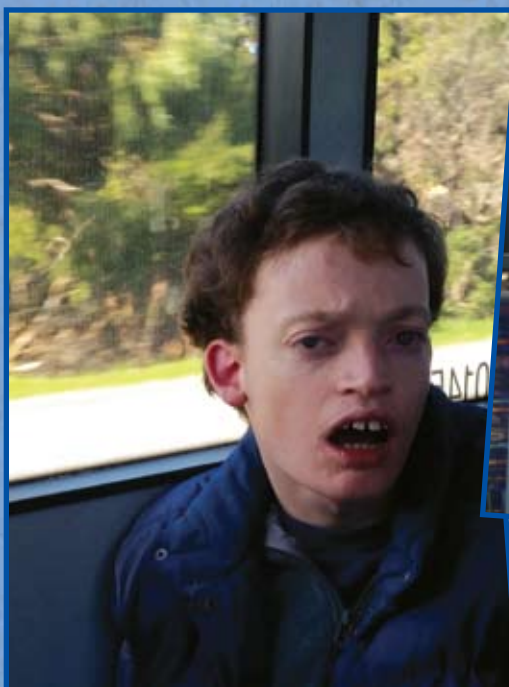
In April Mitchell room celebrated Andrew's birthday with a birthday party, home made sausage rolls and a yummy chocolate cake. Andrew was in great spirits and enjoyed his party, especially blowing out the candles.

In May Mitchell room celebrated Chris Milligan's birthday with treats generously donated by his family. Everyone thoroughly enjoyed the party food and Chris loved the vanilla birthday cake his mum sent in.



BOWLING

“Wow”, the scores have been soaring at Frankston Ten Pin Bowling Alley. The competition is getting close between teams. The team at Frankston AMF Bowling centre continue to support ‘focus’ participants to enjoy their time bowling. Great competitive spirit and lots of fun and laughter is had by all. There are lots of different techniques with every bowl, some choose to use the ramps. Each week the strikes keep coming and there are always lots of cheering and high fives all round.



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COOKING AT DROMANA

On Friday morning at Dromana Annex I participate in the healthy cooking program. It is a program that I really like as I enjoy cooking and trying out new recipes.

I go shopping at IGA Dromana with the other participants in the group, Timara and Julia and assist with selecting and purchasing the ingredients for the recipe chosen to cook on the day.

When we return from shopping I help to organise all of the items that we are going to need to use and then wash my hands and put on gloves. I then read over the recipe and start to measure out, prepare and slice any vegetables, meat and other ingredients required.

Once cooked the group enjoys what has been made for lunch. This term I have had some delicious meals including lasagne, beef and vegetable stir-fry, tomato soup using the last of the tomatoes grown in our vegetable garden at Dromana and frittata.

The group has decided that before the end of the year that we will put all of our favourite recipes into a cook book which we hope to sell, so stay tuned.

**COREY**

Corey enjoyed all his outings and activities.



FUNCTIONAL CRAFT

We have introduced a new program at ISS Dromana – Functional Craft. All participants have enthusiastically embraced the activities which include decorating porcelain cups and saucers, decorating photo frames, making table protectors from white tiles which were decorated. Basket weaving is another skill participants are working on, creating basket items out of cane.



WOODWORK

Our participants at ISS Dromana have been developing their handyman skills working on various project. Lately some excellent garden planter boxes have been created for participants to start growing their own herbs at home.



'focus' ISS would like to take this opportunity to thank Dorothy and John Tagg for sponsoring Elvis to visit us on Thursday 28th of May at ISS Red Hill. We would like to thank everyone who came to see Elvis. Please read the report below from Catherine to hear all about it.

Elvis comes to The Biggest Morning Tea

"We had a fantastic morning on Thursday 28th May. McAlister, Dromana, and Mornington participants all headed up to join Red Hill in celebrating Australia's Biggest Morning Tea and to see... Elvis! A great time was had by all - dancing and singing. I especially loved the music. My favourite song was 'Viva les Vegas'.

The whole room was buzzing and bopping to the songs; it was wonderful to see everybody singing along and dancing. Some people even dressed up in Elvis costumes, wigs, and rock n roll outfits. Bruce, Sam and Deb all won prizes for best dressed.

After the concert, we all enjoyed a morning tea. With tables full of yummy food made and donated by everyone involved, there was chocolate cake, fruit platters, cupcakes, and fairy bread. I had a really good time.

THE BIGGEST MORNING TEA THURSDAY 28TH OF MAY

ISS Dromana had a baking day on the Wednesday to prepare for the biggest morning tea event.

Flinders Room baked the ANZAC biscuits. Lawson Room made the fairy bread and Mitchell room made vanilla cup cakes and chocolate cup cakes. Kingsley room made a fruit platter.

We raised \$113 from the Biggest Morning Tea for the Cancer Council of Victoria.

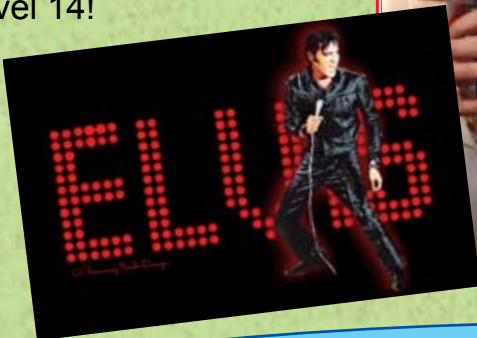
On behalf of 'focus' we would like to thank Red Hill General Store, Cellar & Pantry, Soulsa Katering and Baker Boys (Rosebud), for their kind donation for the Biggest Morning Tea.





ELVIS CONCERT

I liked going to the Elvis concert. I liked dressing up in pants and a purple and grey top. I also like my new tablet and playing games on it. My favourite is Pet Rescue. I am on Level 14!



REMINDER

ISS is closed for the staff development week 29th June-3rd July.

FISHING AT PATTERSON RIVER

Once a month on a Monday, participants from Dromana ISS go fishing at Patterson River. Everyone loves this program, as they socialise with other people, watch the boats go past and look at the beautiful pelicans and other birds that fly around.

Recently Phil caught a fish and was very excited, even though he said that it was little. Phil wrapped it up and was looking forward to taking it home and cooking it for dinner! Only a few minutes later, Rex also caught a fish. Rex was very happy and proud, especially as it was his first day at fishing with the group.

Stephen, Julia,
Jenny and



BUNNINGS BBQ'S

We have once again been able to continue our fundraising endeavours thanks to Bunnings allowing us to continue to be involved in the community fundraising BBQ's. We have participated in three Bunnings fundraising BBQ'S this year and with expenses taken out we have raised just over \$2100

The Bunnings BBQ's are a positive experience in many ways as they give us the opportunity to raise funds to purchase added equipment for use within our programs, give our organisation community exposure and offer our participants a fabulous way to meet and chat with people in our local community, while increasing their work and social skills.

In May McAlister and Dromana joined forces to participate in the BBQ stall at Bunnings Frankston store. On the day various clients volunteered their time to help out for this great event and we would like to thank Adam and Gerard V from McAlister also Nicole, Tim and Bruce from Dromana they all worked hard and did a fantastic job on the day. Supported by staff every-one was allocated different tasks from cleaning to greeting customers, money handling, cooking the sausages and onions, preparing the bread and any thing else that needed doing.

We would like to once again give a special mention to the following local businesses for their unwavering support of 'focus' in our fundraising endeavours.

Dromana Fruits

T- Beez Bakery Dromana

BRADS Fresh Meats

Your generosity with donations is very much appreciated, thankyou!



McALISTER NEWSLETTER

Well the cold weather has now settled in. McAlister has been doing some great activities such as Sailing and Horse Riding, Drama, Cooking, Women's Group, Basketball, Bowling, Community Gardens, Swimming, Cirque Sur Roué, Music, Art and Fishing

Our Art group has made a mosaic sign to display at the house and they are very proud of what they have made but also to



be able to display it for others to see

We have also been setting up for our Biggest Morning Tea this includes us going out to local businesses to see if they would like to support us by donating food items. We have had a really great response to this and look forward to the day to raise money for the Cancer Council .This year it will be a joint effort with the new site in Mornington, The Factory and it should be a great day

Fishing this term has been a great opportunity for our participants to meet new people and have a great day out at the same time, unfortunately no fish caught this term but a few have gotten away

Our Drama group is going really well and the participants are doing a fantastic job of remembering their parts and it's a great day full of laughs and smiles and fun we all can't wait to show of our talents in November so stay tuned

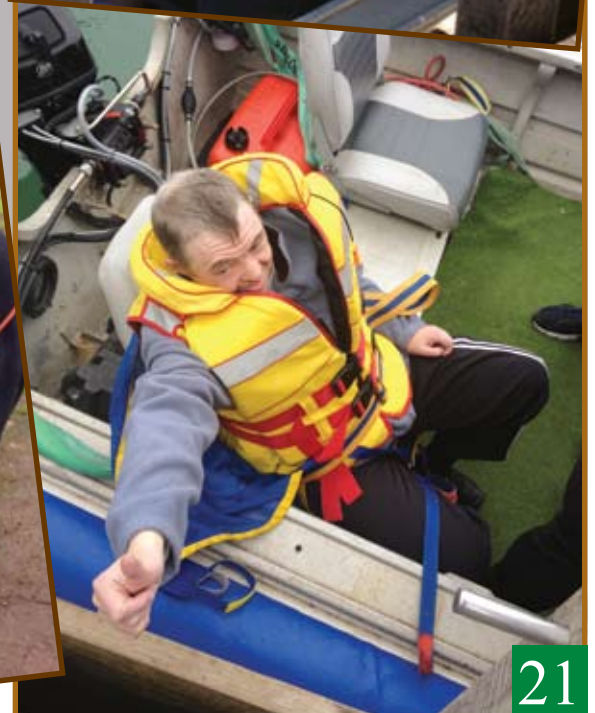
Our plot at the Joy of the earth Community Gardens is really starting to thrive and it's great that we can plan a cooking day around what we are growing not only at the Community Gardens but our garden at McAlister as well

Once a month some of our participants attend the Cranbourne Salvation Army Companion Club which is a music entertainment show that presents with all different kinds of music such as Salvation Army band, police band and other great musicians its great music , atmosphere to be in and there's lots of singing and dancing to be had.

The Cirque Sur Roué gang are rehearsing again for another big event in November and once again they're doing a fantastic job so please stay tuned

Our Meals on wheels program with the Frankston City Council sees us delivering to over 20 clients in the Frankston and Langwarrin areas, this gives our participants the ability to interact with different kinds of people within the community,

maintaining a persons ability to continue living independently and knowing that they have contributed to making a small but real difference in a person's life. Our other volunteer work also includes a mobile library run



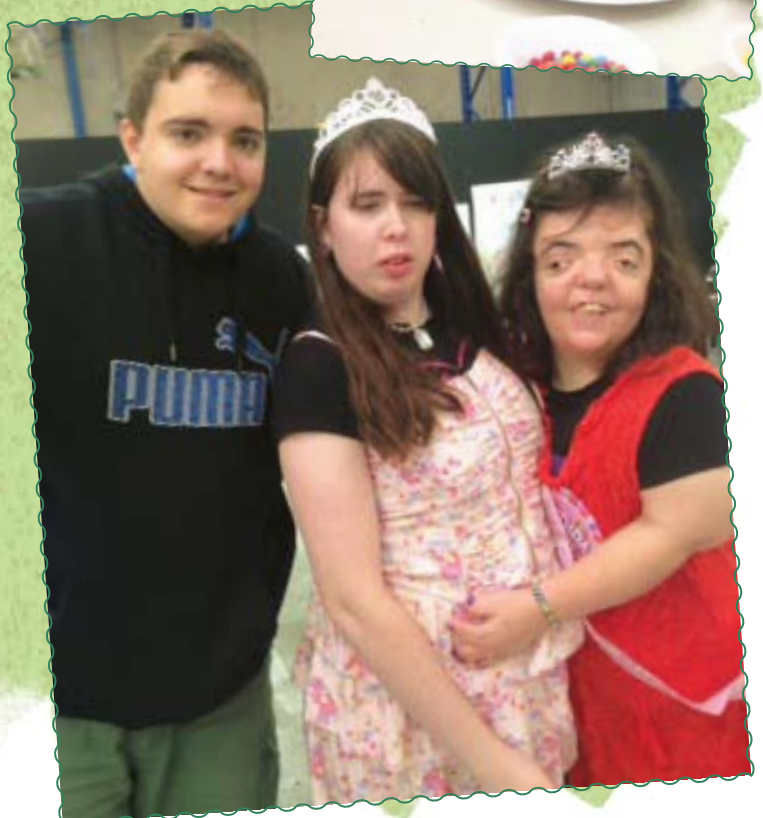
ALL STARS ROCK BAND

We are the 'focus' All Stars Rock Band: Catherine, Ashleigh, Marie, Mary, Marcus Schindler, Ezza, Koochie, Veronica, Nick, and Ryan. At the moment we are rehearsing some songs for a concert. We perform and practice with Scott every Friday, and we each take turns being the lead singer and playing the different instruments. We have: drums, an electric guitar, keyboard, a ukulele, tambourines, and two microphones. The songs we are rehearsing are from: Michael Jackson, Britney Spears, One Direction and Stevie Wonder. We want to keep getting better so that we can put on a show for everyone. Ryan has come up with a logo for a banner. We are also working on making a music clip, using the video camera.



ASHLEIGH TURNS TWENTY!

We were delighted to join Ashleigh in celebrating her 20th birthday in May. Wearing her fabulous tiara, a bright pink birthday sash, and a gigantic badge announcing the momentous occasion, Ashleigh was greeted at Mornington ISS by her friends singing Happy Birthday, and presented with a card they had all signed. Everyone was equally enthusiastic about helping Ashleigh to eat the chocolate cake and party food - kindly provided by her family - and to pose for the obligatory photos afterwards. Happy Birthday Ashleigh!



KOOCHIE'S - ONE DIRECTION

I like One Direction, because they make me happy. I love to dance to their music. They have great pop songs – and a little bit of country as well. I have listened to them for a few years and I have two One Direction albums: 'Midnight Memories' and 'Four'. I love them both. "You and I" is my all-time favourite song. Here are some of the words:

We can make it till the end
nothing can come between
you and I

The names of the members are: Niall, Liam, Harry, Louis, and Zain (but I call him Zany). There were five members, but Zany left because he wanted a normal life. I think it will be good if they get a new member – but not a girl.
Koochie

**MORNINGTON ISS - SKYPE SESSION**

On Thursday during the Digital Inclusion program, we had a Skype session with a group of students in Melbourne. We all thought up questions to ask and took turns chatting to lots of different people. I enjoyed talking on Skype, it was a new experience for all of us. Some of the students were more nervous than us, but we told them not to be shy. There was a lot of laughing and I hope we can do it again.

**STEPHANY'S INTERVIEW WITH MARIE**

Marie gave me a look into her life and her interests.

Marie enjoys the soaps like Neighbours. She also likes watching the footy - especially her team - the mighty Saints. Marie's favourite movie is Cinderella. She loves how Cinderella gets her ultimate ball gown from the fairy godmother. Marie loves happy endings. Marie has a younger brother name Richard who she sees sometimes. She also enjoys spending time with her niece and nephews. On Marie's day off she enjoys shopping, and she plays in a bowling team on Sundays. In June, Marie is going to Qld with her team to compete the 27th National Ten Pin Bowling Championship. She will be there for two weeks.

Marie loves listening to John Farnham and had a blast at his concert (Marie loves going to concerts). Marie's favourite animal is the koala because koalas are soft to hold. Marie is happy when celebrating birthdays and when she sees her friends at Mornington. Marie's sad when other people boss her around.

Marie's goal for the next 12 months is to volunteer at the nursing home.

Marie attends ISS at Mornington and says she really enjoys it, especially Art on Mondays and the All Stars Rock Band on Fridays. Marie says she is a bit of a stirrer sometimes she likes to play tricks on people for a laugh.



THE WORKSHED

The last couple of months have been very exciting at the Workshed.

Glenn from 'That's The Thing About Fishing' has been donating his time taking the guys fishing and on rainy days he comes to the Workshed and shows the clients how to fix and maintain fishing reels.

Brendan has joined the Somerville library and enjoys spending time there reading and taking out books.

Jayden has his own wall to paint in the sensory room now which he uses when he wants time to himself.

Kara from Bunnings Hastings has continued to donate materials to the Workshed for our projects.

The guys have been busy making pallet furniture, a sand pit for Fran, and a water feature made from a bath tub that Stef and Jayden love to watch.

We've also started delivering pamphlets around the local area which is a big success.

Tim, Rhys and Jayden enjoy going to the Somerville YMCA each week for a swim and to make new friends.

